[**What we owe America's young men**](http://www.nydailynews.com/opinion/owe-young-black-men-article-1.1729780)  
Why President Obama's 'My Brother's Keeper' initiative is urgent  
In 2011, New York City launched a public-private partnership called the Young Men's Initiative. With financial support from Bloomberg Philanthropies and George Soros' Open Societies Foundation, YMI intentionally focuses simultaneously on four key areas: education, employment, health and criminal justice.  
New York Daily News  
March 23, 2014

[**CarePlus Offers New Therapy Group to Address Anxiety in Children and Adolescents**](http://www.prweb.com/releases/2014/03/prweb11690624.htm)  
CarePlus is offering a new therapy group for children and adolescents called Freedom from Anxiety. The weekly sessions use an evidence-based cognitive behavioral therapy model to help children develop methods for coping with anxiety.  
PR Web  
March 21, 2014

[**What is the most effective parenting style for black boys?**](http://www.newsworks.org/index.php/local/item/66103-what-is-the-most-effective-parenting-style-for-black-boys?linktype=mst_share)  
Building upon the buzz surrounding their documentary, "[American Promise](http://www.pbs.org/pov/americanpromise/)," Joe Brewster and Michele Stevenson asked Mt. Airy author Hilary Beard to help them research and co-author a companion book.  
Newsworks.org  
March 21, 2014

[**Research to uncover secrets of male obesity**](http://www.abc.net.au/news/2014-03-20/research-to-uncover-secrets-of-male-obesity/5333024)  
A researcher at the University of Newcastle say a 'one size fits all' approach does not work for obesity programs and research is needed into what works for young men.  
ABC News  
March 20, 2014

[**HPV-Linked Throat Cancer May Have Telltale First Symptoms**](http://consumer.healthday.com/cancer-information-5/mis-cancer-news-102/throat-cancer-linked-to-hpv-may-have-telltale-first-symptoms-686015.html)  
The first symptoms of throat and mouth cancer -- also known as oropharyngeal cancer -- may differ depending on whether the condition is caused by the human papillomavirus (HPV), a small study suggests.  
Health Day  
March 20, 2014

[School suspension rates higher for black boys](http://ocrdata.ed.gov/Downloads/CRDC-School-Discipline-Snapshot.pdf)The national average for suspensions among black males, though, was 20 percent compared to 6 percent for whites and 9 percent for Hispanics.  
The Eagle  
March 19, 2014

[**U.S. teens using inhalants such as glue declining**](http://www.upi.com/Health_News/2014/03/19/US-teens-using-inhalants-such-as-glue-declining/UPI-61561395268454/#ixzz2x1r0RRbo)U.S. adolescents ages 12 to 17 using inhalants decreased from 820,000 in 2011 to about 650,000 in 2012, federal health officials say.  
UPI  
March 19, 2014

[Lower IQ, Worse Heart Fitness in Teens Linked to Risk of Early Dementia in Men](https://psychcentral.com/news/2014/03/11/lower-iq-poor-fitness-in-teen-years-linked-to-higher-risk-of-dementia/66973.html)Having a lower IQ or poorer fitness at age 18 might increase a man's risk of developing dementia before age 60, a new study suggests.  
Health Day  
March 17, 2014

[**The Money Behind My Brother's Keeper: What's Known So Far**](https://chronicleofsocialchange.org/news/the-money-behind-my-brothers-keeper-whats-known-so-far/5676)  
It does not appear that the federal government will bring any resources to bear for My Brother's Keeper; Obama did not announce and federal funding for it, nor did he single any out in his fiscal 2015 budget request.  
His hopes for a robust initiative appear to rest entirely with the ten foundations he has asked to participate: Annie E. Casey Foundation, The Atlantic Philanthropies, Bloomberg Philanthropies, The California Endowment, The Ford Foundation, The John S. and James L. Knight Foundation, The Open Society Foundations, The Robert Wood Johnson Foundation, The W.K. Kellogg Foundation, and The Kapor Center for Social Impact. The project will start out with $7.5 million, $750,000 each from ten foundations, to help build the infrastructure of the initiative. It Is not clear which entity will harbor and manage that money, which will likely be spent on hiring consultants and firms to assist with My Brother's Keeper.  
Chronicle of Social Change  
March 17, 2014

[**The Plummeting Labor Market Fortunes of Teens and Young Adults**](http://www.brookings.edu/research/interactives/2014/labor-market-metro-areas-teens-young-adults#.Uyb5uzudo1A.twitter)  
Employment prospects for teens and young adults in the nation's 100 largest metropolitan areas plummeted between 2000 and 2011. On a number of measures employment rates, labor force underutilization, unemployment, and year-round joblessness teens and young adults fared poorly, and sometimes disastrously. This report provides a number of strategies to reduce youth joblessness and labor force underutilization.  
Brookings  
March 14, 2014

[**THE NEGLECTED SUICIDE EPIDEMIC**](http://www.newyorker.com/online/blogs/newsdesk/2014/03/the-neglected-suicide-epidemic.html?utm_source=www&utm_medium=tw&utm_campaign=20140315)  
Alan Berman, the executive director of the American Association of Suicidology and the president of the International Association of Suicide Prevention, has said that in the developed world ninety per cent of those who attempt suicide suffer from psychological ailments. "We have effective treatments for most of these," Berman said last year. "But the tragedy is, people die from temporary feelings of helplessness things we can help with."   
The New Yorker  
March 15, 2014

[Energy Drinks Popular With Troubled Teens, Study Says](http://www.reuters.com/article/us-energy-drinks-idUSBREA241IE20140305)Kids who are depressed or use alcohol or marijuana often consume the beverages, researchers report  
Teens who are depressed or use alcohol or marijuana are more likely to consume energy drinks than their peers, a new study finds. Although the reasons for these apparent links are unclear, they are cause for concern due to the large numbers of teens who consume the caffeine-laden beverages, the researchers said.  
Medline Plus  
March 14, 2014

[**Put the Sex Back in Sex Ed**](http://time.com/23054/camille-paglia-put-the-sex-back-in-sex-ed/)  
The refusal by public schools' sex-education programs to acknowledge gender differences is betraying both boys and girls. The genders should be separated for sex counseling. It is absurd to avoid the harsh reality that boys have less to lose from casual serial sex than do girls, who risk pregnancy and whose future fertility can be compromised by disease. Boys need lessons in basic ethics and moral reasoning about sex (for example, not taking advantage of intoxicated dates), while girls must learn to distinguish sexual compliance from popularity.  
Time  
March 13, 2014

[**Thanks, Anti-Vaxxers. You Just Brought Back Measles in NYC. (Opinion)**](http://www.thedailybeast.com/articles/2014/03/13/thanks-anti-vaxxers-you-just-brought-back-measles-in-nyc.html)  
Measles was considered eliminated at the turn of the millennium. Now it's back, thanks to the loons who refuse to vaccinate their children.  
Of all the things to be nostalgic for, infectious diseases probably don't make it onto many lists.  
Daily Beast  
March 13, 2014

[**Vaccinating against HPV: Why so early? Why boys?**](http://www.clinicaladvisor.com/vaccinating-against-hpv-why-so-early-why-boys/article/338026/)  
Human papillomavirus vaccine uptake in the United States continues to lag far behind rates in other developing countries at around 30%, compared with rates ranging from 75% to 90% in Australia, Canada and the United Kingdom.  
"We've always wanted a vaccine against cervical cancer. We've got it, so why aren't we using it?" H. Cody Meissner, MD, of Tufts Medical Center in Boston, told an audience at the [2014 National Association of Pediatric Nurse Practitioners Annual Conference](http://www.napnap.org/Events/AnnualConference.aspx).  
Clinical Advisor  
March 13, 2014

[**UN Sets Guidelines for How Developing Countries Should Teach Puberty**](http://time.com/22603/un-we-need-to-change-how-we-talk-about-puberty/)  
Educating boys and girls about menstruation and sex sets up a path to greater gender equality  
That's why, for the first time, UNESCO (United Nations Educational, Scientific & Cultural Organization) in partnership with sanitary product maker Procter & Gamble is releasing a publication setting out guidelines for puberty education. The goal is to provide developing countries with a framework of programs that promote access to hygiene products for girls, safe sanitation facilities in schools, and better puberty knowledge and skills for both boys and girls beginning at age 10.  
Time  
March 13, 2014

[**Boy Behavior or Bad Behavior?**](http://www.patheos.com/blogs/searchingfortomsawyer/2014/03/boy-behavior-or-bad-behavior-guest-post-by-janet-sasson-edgette/) (Commentary)  
By mistaking unchecked behavior for undeveloped behavior, we allow unacceptable behavior in boys and men to be seen as just another part of "being a guy."   
Patheos  
March 13, 2014

[**The 300 Workout: How Movies Fuel Boys' Insecurities**](http://time.com/19908/300-rise-of-an-empire-has-men-feeling-body-image-pressure/)  
Young men whether they were looking for their battlefield gore fix or a chance to geek out over the historical inaccuracies of a sex scene between Themistokles and Artemisia lined up for the opening of 300: Rise of an Empire on Friday. And though some parents may forbid their teens from seeing the R-rated film because of the blood and violence, they should probably be more concerned about the Greeks' sweaty, washboard abs.  
Time  
March 11, 2014

[**When Hasidic Boys Grow Up Without Real School**](http://blogs.forward.com/sisterhood-blog/194267/when-hasidic-boys-grow-up-without-real-school/#ixzz2wQ47MRKn)  
Last summer, when I [interviewed](http://blogs.forward.com/forward-thinking/182999/struggle-and-triumph-of-college-for-hasidim/) Hasidic men and women who grew up with little to no secular education, I remember feeling angry at this system that churns out, intentionally, boys who cannot speak or read English the first step in acquiring basic skills to function as an adult in the 21st century. The words one brilliant man used to refer to educational neglect in Satmar is still ringing in my ears: "This is criminal."  
Jewish Daily  
March 11, 2014

[**ADVOCATES FOR YOUTH AND PHYSICIANS FOR REPRODUCTIVE HEALTH AND THIRTEEN OTHER ORGANIZATIONS JOIN THE PARTNERSHIP FOR MALE YOUTH**](http://myemail.constantcontact.com/Advocates-for-Youth-and-Physicians-for-Reproductive-Health-join-the-PMY.html?soid=1103143627934&aid=zIfkbkIwmy4)  
The Partnership is a collaborative effort to disseminate and improve upon the Toolkit while developing provider, patient and parent education initiatives designed to enhance provider and parent knowledge and skills while engaging AYA males in their own health care.  
The Boys Initiative  
March 13, 2014

[Trainers association focuses on mental health issues for youth and college athletes](https://www.usatoday.com/story/sports/2014/03/10/mental-health-issues-youth-high-school-college-athletes/6271157/)Concussions were front and center this week at the fifth Youth Sports Safety Summit. But the alarm also was sounded over mental health issues among youth, high school and college athletes. Depression, anxiety, eating disorders, anger issues and the effects of bullying happen among athletes, too. "Consider ... that one of every four or five teenagers and young adults in this country suffer from a mental health issue that can be diagnosed by a physician or mental health care professional," said Timothy Neal, assistant director of athletics for sport medicine at Syracuse University.  
Star Gazette  
March 12, 2014

[**A 'Manly' Approach That Harms Men**](http://www.nytimes.com/roomfordebate/2014/03/12/the-assumptions-behind-obamas-initiative/my-brothers-keeper-and-harmful-ideals-of-masculinity?smid=tw-share) (Opinion)  
The My Brother's Keeper initiative might provide crucial support for a vulnerable population, but it risks reinforcing gendered notions of male success that could undermine broader progress. The program's advocates appear to promote traditional masculinity as the key to salvation for black and Hispanic boys, but at the cost of the boys' own fuller humanity.  
New York Times  
March 12, 2014

[**Body-Image Pressure Increasingly Affects Boys**](http://www.theatlantic.com/health/archive/2014/03/body-image-pressure-increasingly-affects-boys/283897/)  
Cultural ideals are becoming an equal opportunity anxiety-inducer, and eating disorders are increasingly common in men. But the symptoms in men and women don't look the same.  
A [new study](http://archpedi.jamanetwork.com/article.aspx?articleid=1766495) of a national sample of adolescent boys, published in the January issue of JAMA Pediatrics, reveals that nearly 18 percent of boys are highly concerned about their weight and physique. They are also at increased risk for a variety of negative outcomes: Boys in the study who were extremely concerned about weight were more likely to be depressed, and more likely to engage in high-risk behaviors such as binge drinking and drug use.  
The Atlantic  
March 10, 2014

[**Experts: Stereotyping Huge Barrier to Engaging African-American Males on Campus**](http://diverseeducation.com/article/61078/)  
"Part of successful engagement with African-Americans is to simply not stereotype them," said Perry. "If Black students are going to a predominantly White institution, then they might not know how to respond to nuanced racism in the form of stereotypes."  
Diverse Education  
March 6, 2014

[**For our young men of color, do we have the will to make a way? (Opinion)**](http://www.huffingtonpost.com/eric-cooper/for-our-young-men-of-colo_b_4911854.html?utm_hp_ref=tw)  
I applaud President Obama's new initiative, ["My Brother's Keeper,"](http://www.whitehouse.gov/blog/2014/02/27/president-obama-launches-my-brothers-keeper-his-new-initiative-help-young-men-color) but an important conversation is missing from the announcement and from the initiative itself. While it is necessary to encourage boys to work harder, that alone will not solve the problem. The reason so many boys and young men of color continue to fail remains unexplored.  
Huffington Post  
March 6, 2014

[**Boys Don't Cry: The Crisis of Masculinity**](http://www.socialworkhelper.com/2014/03/05/boys-dont-cry-crisis-masculinity/) (Opinion)  
When we talk about sexism, we almost always automatically think of the victims as women. Tackling discriminating language, sexual harassment and domestic violence seems to be exclusively discussed as 'women's issues'. Much in the same way that these problems are not only 'women's issues', sexism itself is not a 'women's issue'. There are other types of sexism which are equally pervasive in our society and potentially more corrosive due to the fact that they constantly go undiscussed or completely undetected.  
Social Worker Helper  
March 6, 2014

[**Black Boys Viewed as Older, Less Innocent Than Whites, Research Finds**](http://www.newswise.com/articles/black-boys-viewed-as-older-less-innocent-than-whites-research-finds#.UxoISkl5KVU.twitter)  
Police likelier to use force against black children when officers 'dehumanize' blacks, study says  
Black boys as young as 10 may not be viewed in the same light of childhood innocence as their white peers, but are instead more likely to be mistaken as older, be perceived as guilty and face police violence if accused of a crime, according to new research published by the American Psychological Association.  
Newswise.com  
March 6, 2014

[Moving Boys Out of Poor Neighborhoods May Disrupt Boys’ Mental Health](http://www.medicinenet.com/script/main/art.asp?articlekey=177070)  
However, girls tend to do better with upward mobility, researchers say.  
One reason for this distinction might be how boys and girls are seen by their new neighbors, Kessler said. When a boy comes from a poor neighborhood to a better neighborhood, he is automatically seen as a "juvenile delinquent," and people treat him differently, he said. "He doesn't get the same chance of integrating into the neighborhood," Kessler said. "Whereas, when a girl comes, 'She's this poor little thing from the inner city -- let's help her.' "  
Healthfinder.gov  
March 5, 2014

[**Of Fathers and Father Figures: Supporting or Undermining Gay Men's Health (Opinion)**](http://www.huffingtonpost.com/johnmanuel-andriote/gay-mens-health-fathers_b_4899213.html?utm_hp_ref=tw)  
Gay men's relationships with our fathers are often fraught, to say the least. But without a father's -- or father figure's -- loving support and kicks-in-the-butt as needed, research suggests that the odds already stacked against us in enjoying good mental health and staying HIV-negative grow even steeper.  
Huffington Post  
March 5, 2014

[**Before Obama's New Initiative Stands A Landscape Of Hard Numbers**](http://nhpr.org/post/obamas-new-initiative-stands-landscape-hard-numbers#.UxoLA6OU-94.twitter)  
CORNISH: My Brother's Keeper is not a government program with money to spend. The dollars are largely private, some 200 million from a group of big-named foundations. And they'll spend them over the next five years working on things like early childhood development, literacy and parent engagement. Meanwhile, the government's role is really to study the problem. Why are so many young black and Latino men falling behind? And to make sure the federal government is doing all it can to be part of the solution.  
NPR New Hampshire  
March 5, 2014

[**Adolescent relationship violence has mental health implications for male victims, perpetrators**](http://medicalxpress.com/news/2014-03-adolescent-relationship-violence-mental-health.html)  
The researchers found that few respondents reported continual involvement in IPV across relationships. A more common pattern was for violence to be present in one or two relationships. The researchers also found that IPV victimization, perpetration, and mutual violence all correspond with increases in symptoms of depression. Furthermore, these results were present for young men as well as women, documenting that young men are not immune to negative psychological outcomes associated with IPV victimization or perpetration.  
MedicalXpress  
March 5, 2014

[**Sex with underage boys should be punished same as that with girls, deputy says**](http://www.scmp.com/news/china/article/1443177/sex-underage-boys-should-be-punished-same-girls-deputy-says)  
Lawmaker says that offences against boys should be treated the same as for girls  
The Criminal Code currently treats sex with boys, whether consensual or not, as child molestation, which is punishable by up to five years in jail. Sex with a girl under the age of 14, or rape, carries a jail term of up to 10 years, unless severe violence or gang rape is involved.  
SCMP  
March 8, 2014

[**Boys have different learning patterns**](http://www.parispi.net/lifestyles/features/life_styles/article_1f833cfc-aacb-11e3-ae64-001a4bcf887a.html#.UyS3EwKYnAE.twitter)  
A recent study from researchers at the University of Georgia, which followed 10,000 students as they moved from kindergarten to eighth grade, indicates that though boys scored well on tests, indicating mastery of material, girls got better grades. Researchers account for higher scores in girls because they comported themselves better than boys while in the classroom.  
Paris Post Intelligencer  
March 13, 2014

[**How to engage boys in education**](http://www.plymouthherald.co.uk/engage-boys-education/story-20787000-detail/story.html#ixzz2wQ2fwkaq)  
The study is an attempt to tackle the root cause of difficulties that Northern Ireland still suffers, and which have parallels in areas of social deprivation in other pockets of the UK. Dr Ken Harland said: "We are dealing with the fact that schools are failing boys. 70 per cent of learning is outside school, meaning it takes a community to educate a child. The first step is to simply talk to boys about their needs.  
Plymouth Herald  
March 10, 2014

[Somalia to seek Japan's help to save young boys from life of piracy](https://hiiraan.com/news4/2014/Mar/53575/somalia_to_seek_japan_s_help_to_save_young_boys_from_life_of_piracy.aspx)"We want the amount of funds that Japan was putting into service delivery like education to be refocused on providing vocational education centers for those young boys so that they become useful members of society," Mohamud said at the Japan Press Club prior to consultations with Tokyo this week.  
Global Post  
March 12, 2014

[**Fears raised over HPV jab**](http://www.iol.co.za/lifestyle/family/kids/fears-raised-over-hpv-jab-1.1660094#.UymrdtJDuSp)  
Johannesburg - The departments of health and basic education have launched a national campaign to vaccinate girls nine years and older against cervical cancer.  
But critics are asking why boys are not being offered the jab.  
Ioloco  
March 12, 2014

**FOCUS**: [**Obama Launches "My Brother's  Keeper" on February 27**](http://www.officialwire.com/pr/presidential-memorandum-creating-and-expanding-ladders-of-opportunity-for-boys-and-young-men-of-color/)  
Presidential Memorandum

**Coverage**

[**Obama launches personal effort to propel black and Latino boys**](http://www.chicagotribune.com/news/sns-rt-us-usa-obama-boys-20140227,0,5847639.story)  
Chicago Tribune

[**Obama to Launch 'My Brother's Keeper' Initiative to Help Boys of Color**](http://blogs.edweek.org/edweek/campaign-k-12/2014/02/pointing_to_the_large_achievem.html?cmp=SOC-SHR-TW)  
Education Week

[**Philadelphia Non-Profit Joins President Obama's Effort To Help Men Of Color**](http://philadelphia.cbslocal.com/2014/02/27/philadelphia-non-profit-joins-president-obamas-effort-to-help-men-of-color/#.Uw_iEAuDwOg.twitter)  
CBS Philadelphia

[**How should the U.S. improve opportunity for young men of color?**](http://www.pbs.org/newshour/bb/improving-opportunity-for-young-men-of-color/#.UxPPGI2DvfI.twitter)  
PBS

[**W.K. Kellogg Foundation Applauds President Obama's Young Men of Color Initiative; Joint Effort With Ten Leading Foundations Will Address Barriers to Their Success**](http://www.blacknews.com/news/wk_kellogg_foundation_applauds_obamas_young_men_of_color_initiative101.shtml#.UxZzltJDuSp)  
BlackNews.com

[**Bill O'Reilly talks with Valeria Jarrett about Obama Minority Male Initiative**](http://www.bet.com/news/politics/2014/02/28/bill-o-reilly-s-solution-to-keeping-young-men-in-check-gangsta-rappers.html)  
BET

[**Emmett D. Carson: Mission of My Brother's Keeper resonates in Silicon Valley, too**](http://www.mercurynews.com/opinion/ci_25248651/emmett-d-carson-mission-my-brothers-keeper-resonates)  
San Jose Mercury News

[**My Brother's Keeper catching on in Baltimore**](http://www.wbaltv.com/news/maryland/education/my-brothers-keeper-catching-on-in-baltimore/24740178#.UxPWzxtoYw4.twitter)  
WBAL

[**Obama Brother's Keeper program inspired by Oakland project**](http://www.sfgate.com/politics/joegarofoli/article/Obama-Brother-s-Keeper-program-inspired-by-5275076.php?cmpid=twitter)  
SF Gate

[**Cory Booker Insists That Helping Young Men of Color Helps the Whole Country**](http://www.thedailybeast.com/articles/2014/03/02/cory-booker-insists-that-helping-young-men-of-color-helps-the-whole-country.html)  
The Daily Beast

[**Parker: Obama offers new hope for minority boys in U.S.**](http://www.chron.com/opinion/outlook/article/Parker-Obama-offers-new-hope-for-minority-boys-5280720.php)  
Houston Chronicle

[**Obama's Post-Presidency? Tackling the Social Mobility Challenge for Black Men**](http://www.brookings.edu/blogs/social-mobility-memos/posts/2014/02/27-tackling-social-mobility-black-men-reeves#.UxSXNW5WfTs.twitter)  
Brookings

[**My Brother's Keeper: A helping hand for young men of color**](http://www.washingtonpost.com/opinions/eugene-robinson-my-brothers-keeper-is-a-helping-hand-for-young-men-of-color/2014/02/27/3f796086-9fef-11e3-b8d8-94577ff66b28_story.html)  
Washington Post

[**Tavis Smiley: Address hardship facing boys of color**](http://www.usatoday.com/story/opinion/2014/03/02/obama-youth-black-african-american-column/5945343/)  
USA Today

[**JORDAN DAVIS AND THE CONSPIRACY OF MISDIRECTION**](http://www.newyorker.com/online/blogs/newsdesk/2014/03/jordan-davis-and-the-conspiracy-of-misdirection.html?utm_source=www&utm_medium=tw&utm_campaign=20140304)  
The New Yorker

[Young Black Men Suffer from High Rates of Depression](http://www.finalcall.com/artman/publish/National_News_2/article_101252.shtml)Young African-American men suffer from much higher rates of depression because of trauma compared to their white counterparts, and many black men don't recognize that they have been traumatized, Dr. Waldo E. Johnson Jr. said during a recent one-day symposium at the University of Chicago.  
Houston Forward Times, March 2, 2014

[**HPV: Time to Pay Attention**](http://www.huffingtonpost.com/pamela-tom/dallas-buyers-club_b_4863352.html)  
But when I watched Mr. McConaughey's Golden Globes [acceptance speech](http://www.youtube.com/watch?v=QKsf-GmD0rE) and he said the film had been turned down 86 times before the financing came through, I couldn't help but think about the taboos that still exist today for other sexually transmitted diseases. Namely, HPV.  
Huffington Post  
February 28, 2014

[**Low literacy scores plague minority male students in Colorado**](http://www.9news.com/story/local/2014/02/28/1922566/)  
In Colorado, low proficiency scores are prevalent in both male and female African American and Hispanic students.  
9 News  
February 28, 2014

[**Affordable Care Act May Help New Jersey Parents of Addicted Teens**](http://www.digitaljournal.com/pr/1766429#ixzz2v2lQs97x)James P. Curtin, Executive Director of [Daytop New Jersey](http://www.daytopnj.org/" \o "Daytop New Jersey" \t "_blank), the well-known adolescent recovery program and preparatory school located in Mendham, NJ says, "Everyone dealing with the care of addicted adolescents should be encouraged by precedents set by the Affordable Care Act even if they object to the Act itself." Mr. Curtin points out that the Affordable Care Act has the potential to enable millions of young adults dealing with mental and substance abuse disorders to gain access to treatment. Treatment providers certainly hope to be able to provide highly effective care to the many that have previously been unable to access it.  
Digital Journal  
February 28, 2014

[**Louise Slaughter tweets that four-in-five black and Hispanic fourth-graders aren't proficient in reading: PolitiFact: "True"**](http://www.politifact.com/truth-o-meter/statements/2014/feb/28/louise-slaughter/louise-slaughter-tweets-four-five-black-and-hispan/)  
Government data backs up that depressing statistic, though it's worth noting that the U.S. has at least seen improvements across all races since the early 1990s. We rate the statement True.  
PolitiFact  
February 27, 2014

[**No longer loyal to Scouts, boys join Trail Life**](http://www.usatoday.com/story/news/nation/2014/02/28/scouts-boys-trail-life/5907815/)  
But the Boy Scouts had decided to admit gays, and Ron Orr, a tall, soft-spoken man with a firm handshake, is clear about his Christian faith and what it says about homosexuality: It is a sin that cannot be tolerated. His son agreed. He would forgo the century-old BSA for Trail Life, which officially launched just last month. "It felt like I'd be hitting something higher than Eagle in terms of achievement," Andrew said, in an interview.  
USA Today  
February 28, 2014

[**Boys' health costs higher than girls until age 14**](http://www.marketwatch.com/story/why-health-care-costs-are-higher-for-teen-girls-2014-02-28?mod=wsj_share_tweet) In an analysis of over 5.4 billion health insurance claims from 2009 to 2012, the Health Care Cost Institute, a nonprofit research group, found that before age 14, health-care spending was higher for boys than for girls. For boys of all ages, prescription-drug spending was higher than for girls. And out-of-pocket spending was also higher for boys ages 0 to 18: $440 per boy in 2012 and $414 per girl a 6% gap.  
Wall Street Journal  
February 28, 2014

[**Spike in ADHD Meds, Antidepressants in Kids**](http://www.medscape.com/viewarticle/821194?src=sttwit)  
An increase in prescription drug use among US children and teens, particularly psychostimulants and antidepressants, as well as growing teen admission rates for mental health issues and substance abuse are among the top findings in a new report from the Health Care Cost Institute (HCCI), a Washington-based nonprofit, nonpartisan research group.  
Medscape Multispecialty  
February 27, 2014

[**Gene Study Offers Clues to Why Autism Strikes More Males**](http://www.webmd.com/brain/autism/news/20140227/gene-study-offers-clues-to-why-autism--strikes-more-males#1)  
Girls seem to tolerate more genetic mutations than boys do before showing symptoms of disorder  
A new DNA study begins to explain why girls are less likely than boys to have an autism spectrum disorder. It turns out that girls tend not to develop autism when only mild genetic abnormalities exist, the researchers said. But when they are diagnosed with the disorder, they are more likely to have more extreme genetic mutations than boys who show the same symptoms.  
Medline Plus  
February 27, 2014

[Too Often, Doctors Miss Suicide's Warning Signs: Study](https://consumer.healthday.com/general-health-information-16/suicide-health-news-646/too-often-doctors-miss-suicide-s-warning-signs-study-685200.html)Many victims saw a physician just prior to the suicide, but less than half got mental health diagnosis  
Nearly 37,000 Americans kill themselves each year, according to federal statistics. But many of those deaths might have been prevented if doctors had been better at picking up on the warning signs of suicide, a new study suggests. "A national suicide reduction goal may be met if more primary care doctors and specialists receive and use training to identify and treat patients most at risk," study lead author Brian Ahmedani, an assistant scientist in the Center for Health Policy and Health Services Research at Henry Ford Health System in Detroit, said in a statement from the health system.  
Medline Plus  
February 27, 2014

[**Solving 'the boy problem'**](http://msutoday.msu.edu/news/2014/solving-the-boy-problem/)  
Boys will be boys, goes the old adage, but it's exactly this philosophy that has hurt young men in urban classrooms for more than a century, a Michigan State University scholar argues in a new book.  
Many boys have devalued academic success since schooling was made mandatory starting in the early 1900s, Julia Grant writes in "The Boy Problem." Today, boys make up two-thirds of the special education population and black and Latino males in particular face high rates of suspensions, expulsions and imprisonment.  
MSU Today  
February 27, 2014

[**If you're a Latino male, don't miss your next doctor's appointment**](http://www.huffingtonpost.com/2014/02/27/hispanic-males-doctor_n_4866192.html)  
The American Cancer Society released the results of a new study this week indicating uninsured adolescents and young adults particularly those who were male and Hispanic or African American were more likely to be diagnosed with advanced stage cancer compared to those in the same age group who had health coverage.  
Saludify  
February 27, 2014

[**Young steroid users at increased risk of heart disease**](http://medicalxpress.com/news/2014-02-young-steroid-users-heart-disease.html)  
Steroid abuse is associated with increased risk of heart disease in otherwise healthy young men, an Australian study of deaths involving the drugs has found.  
Medical Express  
February 27, 2014

[**Mayor Mitch Landrieu opens conference addressing violent crime among African-American men, boys**](http://www.nola.com/crime/index.ssf/2014/02/mayor_landrieu_opens_conferenc.html)  
New Orleans Mayor [Mitch Landrieu](http://topics.nola.com/tag/mitch-landrieu/index.html) on Wednesday kicked off a two-day conference with representatives of 37 U.S. cities and municipalities, aimed at reducing violence and creating opportunity for African-American men and boys. Cities United, the brainchild of Landrieu and Philadelphia Mayor Michael Nutter, is an umbrella organization with 56 member cities already signed on.  
The Times Picayune  
February 26, 2014

[**Minority Male Students Face Challenge to Achieve at Community Colleges**](http://chronicle.com/article/Minority-Male-Students-Face/144979/)  
Although black and Latino male students enter community colleges with higher aspirations than those of their white peers, white men are six times as likely to graduate in three years with a certificate or degree, according to a [report](http://www.ccsse.org/docs/MoC_Special_Report.pdf) recently released by the Center for Community College Student Engagement at the University of Texas.  
Chronicle of Higher Education  
February 26, 2014

[**Suicide among apparently well-functioning young men**](http://medicalxpress.com/news/2014-02-suicide-apparently-well-functioning-young-men.html)  
Suicide among young men is a major public health concern in many countries, despite great efforts to find effective prevention strategies. By interviewing close relatives and friends of apparently well-functioning young men who unexpectedly took their own life, Norwegian researchers found there had been no signs of serious mental disorder. This contradicts previous research which suggests that depression or other mental illness is an important risk factor in suicide.  
Medical Express  
February 26, 2014

[**Boys-only short hair rule (for high school basketball players) = sex discrimination?**](http://www.washingtonpost.com/news/volokh-conspiracy/wp/2014/02/25/boys-only-short-hair-rule-for-high-school-basketball-players-sex-discrimination/)  
Monday's 7th Circuit panel decision in [Hayden v. Greensburg Community School Corp.(7th Cir. Feb. 24, 2014)](http://media.ca7.uscourts.gov/cgi-bin/rssExec.pl?Submit=Display&Path=Y2014/D02-24/C:13-1757:J:Rovner:aut:T:fnOp:N:1295687:S:0) discusses the broad issue at some length, in the course of considering a grooming code on public high school basketball teams: Boys, under this code, are required to cut their hair quite short, while girls aren't. And the court concludes that this code is unconstitutional.   
Washington Post  
February 25, 2014

[**Should school boys who impregnate girls be expelled (as pregnant girls are) ?**](http://www.observer.org.sz/news/59261-should-school-boys-who-impregnate-girls-be-expelled.html#.UxPLYiZzW64.twitter)  
This question unsettled many as issues of gender disparity and the promotion of stereotypes were discussed during the workshop on the validation of the training manual for school committees. It was noted that the manual had guidelines on how to handle issues of pregnant girls in schools and was rather silent on issues of what should be done to the boy child. Again, TSC's Ncane Mtshali begged for clarity on the matter, stating that it seemed so biased to only discipline the girl child.   
Swazi Observer  
February 28, 2014

[**Calls for boys to be vaccinated as rise in mouth cancer is linked to changing sexual habits**](http://www.mirror.co.uk/lifestyle/health/calls-boys-vaccinated-rise-mouth-3192643#ixzz2v2jVwNhT)  
Campaigners are calling for boys to have the jab too in order to stem the "catastrophic rise" in cancers, given that it's probably unrealistic to ask people to change their sex habits. Nigel Carter, Chief Executive of the British Dental Health Foundation, which compiled the figures from official data, said the rise was "very worrying". He said there is a clear gap in public knowledge about what causes mouth cancer. Smoking and drinking to excess increase your chances of getting mouth cancer by 30 times. He added: "Of greater concern is the rise of the HPV.  
The Mirror  
February 28, 2014

[**Boys eat more when watching TV**](http://www.stuff.co.nz/life-style/wellbeing/9767095/Boys-eat-more-when-watching-TV)  
Researchers have found boys will eat a lot when placed in front of a television, computer or video game, and snacks are made readily available.  
[Stuff.nz.co](http://stuff.nz.co/)  
February 26, 2014

[**Legal Drinking Age of 21 Saves Lives, Review Finds**](http://www.npr.org/sections/health-shots/2014/02/24/282072818/the-21-drinking-age-may-save-lives-even-though-its-flouted)A legal drinking age of 21 saves lives. And demands by some to lower the age limit should be ignored, a new review says. Researchers examined studies conducted since 2006 and found that a minimum drinking age of 21 is associated with a reduced rate of drunk driving crashes among young Americans. That age limit also lowers young people's risk of other health threats associated with heavy drinking, such as dating violence, unsafe sex and suicide.  
Healthfinder.gov  
February 24, 2014

[**Frequent School Moves May Harm Kids' Mental Health**](http://consumer.healthday.com/kids-health-information-23/adolescents-and-teen-health-news-719/frequent-school-moves-may-affect-kids-mental-health-685041.html#.Uwvo8goro-o.twitter)  
Preteens who changed schools frequently when they were children are at increased risk of developing psychotic symptoms, a new study suggests. Having such symptoms at a young age is associated with a greater likelihood of mental health problems and suicide in adulthood, according to the researchers at Warwick Medical School in Coventry, England.  
Health Day  
February 23, 2014

[Kids' Checkups Should Include Cholesterol, Depression Tests, Doctors Say](http://www.webmd.com/children/news/20140224/kids-checkups-should-include-cholesterol-depression-tests-doctors-say#1)HIV screening also recommended under revised American Academy of Pediatrics guidelines.  
Doctors should test middle school-age children for high cholesterol and start screening for depression at age 11, according to updated guidelines from a leading group of U.S. pediatricians. Doctors should also test older teens for HIV, the AIDS-causing virus, the revised preventive-care recommendations from the American Academy of Pediatrics say.  
Healthfinder.gov  
February 24, 2014

[Are Slimmer, More Attractive Men More Germ-Free?](http://emersonblognews.blogspot.com/2014/02/are-slimmer-more-attractive-men-more.html)Fitter, slimmer men are more likely to have fewer potentially dangerous germs in their nasal passages compared to heavier guys, a new study contends. The finding gives credence to the theory that one reason women are attracted to fitter males is that these men keep bacteria at bay and are more resistant to disease, the Polish researchers said.  
Healthfinder.gov  
February 21, 2014

[**Government gets E grade over adolescent mental health services**](http://www.irishexaminer.com/ireland/government-gets-e-grade-over-adolescent-mental-health-services-259968.html#.Uwz-S8ihfA8.twitter)  
The Government has failed children with mental health needs, according to the annual report card issued by the Children's Rights Alliance which said the Government was repeatedly failing to meet its own targets.  
Irish Examiner  
February 25, 2014

[**Young, Male, Childless Most Likely to Quit HIV Treatment**](http://www.counselheal.com/articles/8744/20140220/5pm-young-male-childless-quit-hiv-treatment.htm)  
treatment is extremely important for curbing the spread of HIV. However, new research reveals that younger people, men and people without children are most likely to drop out of HIV care in South Africa. This is worrying as the African country has the world's largest HIV positive population, with one in five adults being HIV positive.  
Counsel & Heal  
February 20, 2014

[**White working class boys still falling behind in classroom**](http://www.birminghammail.co.uk/news/midlands-news/white-working-class-boys-still-6729421)  
It appears deprivation is the main issue as at age 16, only 36 per cent of white boys from deprived backgrounds those on free school meals leave school with five good GCSEs  
Birmingham Mail  
February 21, 2014

[**Britain's male suicide rate is a national tragedy**](http://www.theguardian.com/commentisfree/2014/feb/20/britain-male-suicide-rate-tragedy-failure?CMP=twt_gu)  
The latest suicide statistics from the ONS show the [greatest gender gulf](http://www.theguardian.com/society/2014/feb/18/male-suicides-three-times-women-samaritans-bristol) since records began. The suicide rate for men is now three and a half times that of women.   
The Guardian  
February 20, 2014

[**Obama's outreach to young men of color: too little too late?**](http://www.msnbc.com/msnbc/obama-ties-legacy-young-men-color)  
After five years in office, America's first black president may finally be getting serious about helping young minority men. The White House announced earlier this month that President Barack Obama is set to launch a new initiative called["My Brother's Keeper,"](http://www.msnbc.com/politicsnation/obama-keeps-promise-young-men-color)aimed at bolstering the lives of young men of color a demographic far too often trapped in cycles of poverty, academic failure and incarceration.  
MSNBC  
February 19, 2014

[**The toll of zero-tolerance discipline**](http://www.msnbc.com/msnbc/the-toll-zero-tolerance-discipline)  
Across the country, poor, minority and special needs boys especially face the wrath of so-called zero-tolerance school discipline policies that subject them to suspensions, expulsions and arrest at a disproportionate rate for committing similar infractions as their white counterparts.  
MSNBC  
February 19, 2014

[**The weaker sex? Male vulnerabilities challenge a stereotype**](http://www.mnn.com/green-tech/research-innovations/stories/the-weaker-sex-male-vulnerabilities-challenge-a-stereotype)  
Contrary to cultural assumptions that boys are stronger and sturdier, basic biological weaknesses are built into the male of our species. These frailties leave them more vulnerable than girls to life's hazards, including environmental pollutants such as insecticides, lead and plasticizers that target their brains or hormones. Several studies suggest that boys are harmed in some ways by these chemical exposures that girls are not. It's man's fate, so to speak.  
Mother Nature Network  
February 18, 2014

[**Test Could Predict Which Teen Boys Get Depression**](http://www.nbcnews.com/health/health-news/test-could-predict-which-teen-boys-get-depression-n32676)  
A saliva test for teenage boys with mild symptoms of depression could help identify those who will later develop major depression, a new study says. Researchers measured the stress hormone cortisol in teenage boys and found that ones with high levels coupled with mild depression symptoms were up to 14 times more likely to suffer clinical depression later in life than those with low or normal cortisol levels.  
ABC News  
February 17, 2014

[**Black males need opportunities, mentors**](http://www.baltimoresun.com/news/opinion/oped/bs-ed-achievement-0218-20140217,0,5648654.story)  
Talent is everywhere, but opportunity isn't. President Obama reminded us of that simple truth during his State of the Union Address, acknowledging individuals and initiatives that are finding new ways to uncover and create opportunities using vision, resolve and determination.  
Baltimore Sun  
February 17, 2014

[Bullying May Have Lasting Health Effects on Kids](https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4552909/)Study of students in grades 5 through 10 found mental, physical fallout even if harassment stopped  
Kids who are picked on by their peers may see lasting effects on their physical and mental well-being -- especially if the bullying is allowed to persist for years, a new study suggests. The study found that kids who are chronically bullied seem to fare the worst: Those continually picked on from fifth grade to 10th grade had the lowest scores on measures of physical and emotional health.  
Medline Plus  
February 17, 2014

[**STD Education Must Start Long Before Kids Engage in Sex**](http://www.firstphysiciansgroup.com/std-education-must-start-long-kids-engage-sex/)  
Parenting, friends and academics all influence likelihood of contracting sexually transmitted diseases, study says  
Having a stable home life as a child, nice friends and success at school reduces the odds of getting sexually transmitted diseases as a young adult, according to a new study. The University of Washington researchers said the findings show that efforts to prevent STD infections should begin years before most young people start having sex.  
Medline Plus  
February 17, 2014

[**Boys Shouldn't Have to Be Boys**](http://goodmenproject.com/featured-content/boys-shouldnt-boys/)  
At least not in the way the NFL's report on bullying in the Miami Dolphins' locker room would seem to suggest. For all of their detailed description of the harassment Jonathan Martin endured, investigators still placed that behavior within a framework of stereotype that fosters it.   
The Good Men Project  
February 15, 2014

[**It's Never OK to Say Gay When You Really Mean Stupid**](http://www.patheos.com/blogs/searchingfortomsawyer/2014/02/its-never-ok-to-say-gay-when-you-really-mean-stupid-guest-blog-by-rosalind-wiseman/)  
For the next several months a group of writers focused on the issues of boys and men are collaborating through the writing and sharing of blog posts in order to bring greater awareness to the unique challenges boys and men face in the 21stCentury.  Twice a month these writers will be posting the same posts on their various media formats to spread the word and to introduce their audiences to the great work of their peers.   
Patheos  
February 15, 2014

[Minority, teenage boys most likely to delay HIV treatment](http://www.hopkinsmedicine.org/news/media/releases/hiv_infected_teens_delaying_treatment_until_advanced_disease_johns_hopkins_study_shows____)African American and Hispanic teenage boys are more likely to seek HIV treatment only when their disease has advanced, indicates new research published in JAMA Pediatrics. The study, headed up by lead investigator Allison Agwu, M.D., an infectious disease specialist and HIV expert at the Johns Hopkins Children's Center, found that not only were minority, male teens the most likely to delay care, all teens were less likely than other age groups to seek medical aid for HIV.  
Soludify  
February 14, 2014

[Educating young men could expand 'morning after pill' use](http://www.guardian.co.tt/lifestyle/2014-02-16/educating-young-men-could-expand-%E2%80%98morning-after-pill%E2%80%99-use)Young men know even less about emergency contraception than young women do, which may be limiting access to an effective means of preventing unwanted pregnancies, researchers say. "The big finding in our study is that young men had a lot less knowledge about emergency contraception than the young women that we surveyed, and even among the young women, knowledge wasn't great," Sheree Schrager, a member of the study team, told Reuters Health.  
Chicago Tribune  
February 14, 2014

[**An assist for young men of color?**](http://www.marketplace.org/topics/wealth-poverty/assist-young-men-color) The White House plans to make good on a single, isolated promise that President Barack Obama made in his State of the Union Address back in January:  
"I'm reaching out to some of America's leading foundations and corporations on a new initiative to help more young men of color facing especially tough odds stay on track and reach their full potential."  
Marketplace  
February 13, 2014

[**Students Who Lose Recess Are the Ones Who Need It Most**](http://parenting.blogs.nytimes.com/2014/02/13/students-who-lose-recess-are-the-ones-who-need-it-most/?smid=tw-share)  
Despite overwhelming evidence that periods of unstructured play and social interaction are a crucial part of children's cognitive, academic, physical and mental wellness, schools continue to take away recess privileges as a penalty for academic or behavioral transgressions.  
New York Times  
February 13, 2014

[**What Boys Need**](http://www.huffingtonpost.com/stephen-gray-wallace/what-boys-need_b_4773812.html)  
Leaving behind the notion that boys are simply testosterone turbo-charged stalkers of the opposite sex, we can shift the debate about what they want to what they need. And there we discover the nurture deficit that leaves many boys voiceless.  
Huffington Post  
February 13, 2014

[Teens' Stress Levels Rival Those of Adults, Survey Finds](http://www.webmd.com/mental-health/news/20140211/teens-stress-levels-rival-those-of-adults-survey-finds#1)Adolescents reported stress levels during the school year that surpassed those of adults, according to the American Psychological Association's latest Stress in America survey.  
Medline Plus  
February 11, 2014

[**Boys devastated by sudden bald patches**](http://www.heraldsun.com.au/news/breaking-news/boys-devastated-by-sudden-bald-patches/story-fni0xqi4-1226829381500?sv=86b649b86b782d71dd5fb06cf42fed9a#.UwO0XmajSZk.twitter)  
The sudden development of bald patches can be devastating for boys, says a leading dermatologist.  
They are far more likely to become desperately unhappy than girls. It can lead to a reluctance to go to school and social isolation, says Professor Rodney Sinclair, who has studied the psychological impact of alopecia areata, an auto-immune disease that causes baldness. In severe cases it has led to suicide, with four Australian boys taking their own life in 2011.  
Herald Sun  
February 17,2014

[**Porn affects ability**](http://www.scotsman.com/news/education/porn-affects-ability-of-boys-to-form-relationships-1-3307773#.UwOzgnZEH1E.twitter)  
PORNOGRAPHY has become "normalised" among teenage boys and may be helping to undermine attempts at sex education in schools, a study has found.  
A report by the charity Zero Tolerance says peer pressure on boys to appear sexually experienced and "bias" about porn is affecting their ability to learn about normal relationships. The report also suggests the viewing of aggressive or violent pornography is now commonplace.  
The Scotsman  
February 19, 2014

[**Cost is preventing boys receiving anti-cancer vaccine for HPV**](http://www.thepharmaletter.com/article/cost-is-preventing-boys-receiving-anti-cancer-vaccine-for-hpv) (requires free sign up)  
The Pharma Letter  
February 13, 2014

[**How Caffeinated Are Our Kids? Coffee Consumption Jumps**](http://www.npr.org/blogs/thesalt/2014/02/10/274799765/how-caffeinated-are-our-kids-cdc-finds-coffee-consumption-jumps?sc=tw&cc=share)  
A [new report](http://pediatrics.aappublications.org/content/early/2014/02/04/peds.2013-2877.abstract), published in the journal Pediatrics, finds that 17- and 18-year-olds are consuming almost double the amount of caffeine from coffee compared with a decade earlier. And increasingly, younger tweens and teens, ages 12-16, are getting more caffeine from coffee, too.  
NPR  
February 11, 2014

[**President Obama to launch major new effort to help young minority men**](http://www.washingtonpost.com/politics/president-obama-to-launch-major-new-effort-on-young-men-of-color/2014/02/11/cc0f0a98-92cd-11e3-b227-12a45d109e03_story.html)  
The "My Brother's Keeper" initiative will bring foundations and companies together to test a range of strategies to support such young men, taking steps to keep them in school and out of the criminal justice system, a White House official said. Obama will also announce a more vigorous program to evaluate policies and publicize results to school systems around the country.  
Washington Post  
February 11, 2014

[**Report from Cancer Panel to Obama: Accelerating HPV Vaccine Uptake: Urgency for Action to Prevent Cancer**](http://deainfo.nci.nih.gov/advisory/pcp/annualReports/HPV/index.htm#sthash.KYT7j7oy.WFAJflvt.dpbs)  
According to the report, based on data from the Centers for Disease Control and Prevention, in 2012 only about one-third of 13- to 17-year-old girls in the U.S. received all three recommended doses of HPV vaccine. These rates fall considerably short of the U.S. Department of Health and Human Services Healthy People 2020 goal of having 80 percent of 13- to 15-year-old girls fully vaccinated against HPV. Immunization rates for boys are even lower - less than 7 percent of boys ages 13-17  
completed the vaccine series in 2012 (although the vaccine was approved for males more recently than for females).  
National Institutes of Health  
February 11, 2014

[Single-Sex Education's Benefits Challenged in Study](http://www.medicinenet.com/script/main/art.asp?articlekey=176624)Students in co-educational schools get the same quality of education as those in girls- or boys-only schools, a new review shows. The findings challenge claims by supporters of single-sex schools that separating boys and girls boosts their academic interest and performance, the researchers said.  
Health Day  
February 7, 2014

[**News Is Mixed on Teenagers and Substance Use**](http://psychnews.psychiatryonline.org/newsarticle.aspx?articleID=1828854#.UvWJ7V4IWYE.twitter)  
Though an annual report on the prevalence of teenage substance use revealed some positive findings regarding alcohol and tobacco use, it also raised concerns regarding use by U.S. adolescents of other substances at a level pointing to the need for major intervention.  
Psychiatric News  
February 6, 2014

[**Veteran's Post: Suicide on the rise for young veterans**](http://www.wpmobserver.com/news/2014/feb/05/veterans-post-suicide-rise-young-veterans/#.UvQ4qIFBb3M.twitter)  
The January 2014 Suicide Data Update has been released by the Department of Veterans Affairs, and the news is not good. Suicides are up in two groups of veterans who utilized the VA health system: young males (ages 18-24) and women.  
Winter Park Observer  
February 5, 2014

[**1 in 4 College Students Suffer from an Eating Disorder, Media to Blame?**](http://www.uatrav.com/opinion/article_051b0fb8-8d4b-11e3-a2d3-0017a43b2370.html#.UvQ3YhgFYf0.twitter)  
The National Institute of Mental Health has reported 25 percent of all college students struggle with an eating disorder and a National Eating Disorders Association study has shown these disorders have increased on college campuses as of 2013.   
The Arkansas Traveler  
February 5, 2014

[**Do Sports Help Boys Become Men or Bullies?**](http://goodmenproject.com/featured-content/do-sports-help-boys-become-men-or-bullies-kerj/)  
There's another side of sports, a side that rewards unnecessary violence and even suggests athletes are outside the law.   
The Good Men Project  
February 5, 2014

[**Are Gay Men the New Face of Body Dysmorphia?**](http://goodmenproject.com/gender-sexuality/gay-men-new-face-body-dysmorphia-jvinc/)  
We are shown so many different images of male models with rock solid bodies that we feel we need to live up to that type. We are also in the world of the Smart Phone, where each app comes with its own sort of judgement.  
The Good Men Project  
February 5, 2014

[Many Young Americans With HIV Delay Treatment: Study](http://cellsmedicine.com/many-young-americans-with-hiv-delay-treatment-study-medlineplus/article_455.html)A troubling new study finds that one-third to nearly half of American teens and young adults with HIV delay treatment until their infection is advanced, putting them at risk for serious health problems. These findings are especially disturbing as evidence increasingly suggests that starting HIV treatment as soon as possible helps keep the virus under control and can prevent the heart, kidney and neurological harm that occurs in patients with poorly controlled HIV infection, the researchers noted.  
Healthfinder.gov  
February 4, 2014

[**the Grio's 100 History Makers in the Making: Dr. David Bell, fighting for young men's health**](http://thegrio.com/2014/01/31/thegrios-100-dr-david-bell-fighting-for-young-mens-health/#.UvkGTqnqpBM.twitter)  
NOTE: Dr. Bell is co-chair of The Boys Initiative's project, The Partnership for Male Youth, which recently launched the Health Provider Toolkit for Adolescent and Young Adult Males  
Dr. David Bell, 51, is an adolescent medicine physician who serves as the medical director and chief physician of the [Young Men's Clinic](http://www.youngmensclinic.org/) in New York City. He is also director of a school-based program treating students at three middle schools and two high schools in upper Manhattan. He's on the faculty of Pediatrics and Public Health at Columbia University's Mailman School of Public Health.  
The Grio  
January 31, 2014

[**Drug use starts in boys as young as 12, says expert**](http://www.khaleejtimes.com/kt-article-display-1.asp?xfile=data/nationgeneral/2014/February/nationgeneral_February82.xml&section=nationgeneral#.Uvqu7K-MA0Q.twitter)  
Boys as young as 12 are getting hooked on illicit substances, according to a rehabilitation expert. Dr Ali Hassan Al Marzooqi, Director of Public Health and Research at the National Rehabilitation Centre (NRC), said presentation age of drug abuse "starts at 12-13 years and mostly males". He noted, however, that the number of "first start" use is declining.  
Khaleejtimes.com  
February 11, 2014

[**Drive to raise male awareness on sexual health**](http://www.belfasttelegraph.co.uk/news/health/drive-to-raise-male-awareness-on-sexual-health-29997377.html)  
With sexually transmitted infections (STIs) on the rise here, a new campaign called #TakeTheTest has been launched to encourage men to get tested. Latest statistics show that from 2000 to 2011 new diagnoses at GUM clinics increased by 28%, with gonorrhoea, syphilis and chlamydia all on the rise.  
Belfast Telegraph  
February 11, 2014

[**Thousands of kids aged 10 and under treated for depression**](http://www.parentdish.co.uk/2014/02/11/thousands-of-kids-aged-10-and-under-treated-for-depression/?a_dgi=aolshare_twitter)  
Experts blame 'toxic culture' of online bullying and stress of modern life  
A 'toxic climate' of [online bullying](http://www.parentdish.co.uk/bullying/) is causing thousands of children aged 10 and younger to become so depressed that they require medical treatment. Campaigners say up to 10 per cent of schoolchildren are affected by some form of [mental illness](http://www.parentdish.co.uk/tag/mental+health/), leading them to being treated in hospitals and other NHS centres.  
Parent Dish  
February 11, 2014

[**Teens who consume energy drinks more likely to use alcohol and drugs**](http://www.eurekalert.org/pub_releases/2014-02/wkh-twc020414.php#.UvFqY06UZoo.twitter)  
Nearly one-third of US adolescents consume high-caffeine energy drinks or "shots," and these teens report higher rates of alcohol, cigarette, or drug use, reports a study in the January/February [*Journal of Addiction Medicine*](http://journals.lww.com/journaladdictionmedicine/pages/default.aspx), the official journal of the [American Society of Addiction Medicine](http://www.asam.org/).  
Eureka Alert  
February 4, 2014

[**Teen male sexual health: What should they know?**](http://www.philly.com/philly/blogs/healthy_kids/Teen-male-sexual-health-What-should-they-know.html#GLW8h5ZWGsPczLVl.99)  
True, they don't have menstrual cramps and can't get pregnant. Nevertheless, teen males may have sexual health issues of their own. Some may be normal variants while others may be abnormal and need medical attention. Here are several; note that some of the links below are to medical illustrations and drawings.  
Philly.com  
February 4, 2014

[Gay Teen Boys More Likely to Use Muscle-Building Steroids: Survey](http://cellsmedicine.com/gay-teen-boys-more-likely-to-use-muscle-building-steroids-survey-medlineplus/article_470.html)Gay and bisexual teen boys in the United States are much more likely to have used muscle-building steroids -- and to have used them heavily -- than their heterosexual counterparts, a new study suggests.  
Healthfinder.gov  
February 3, 2014

[**Single-sex education unlikely to offer advantage over coed schools, research finds**](http://www.sciencecodex.com/singlesex_education_unlikely_to_offer_advantage_over_coed_schools_research_finds-127164)  
Single-sex education does not educate girls and boys any better than coed schools, according to research published by the American Psychological Association analyzing 184 studies of more than 1.6 million students from around the world. The findings are published online Feb. 3 in the APA journal Psychological Bulletin.  
Science COdex  
February 3, 2014

[**Obama's 34 Words That Matter Most**](http://www.thedailybeast.com/articles/2014/02/02/obama-s-34-words-that-matter-most.html)  
No one paid much attention when he said he would appeal for more help for young men of color, but those could prove the most important words of the State of the Union.  
The Daily Beast  
February 2, 2014

[Many College Students Fear Going Hungry at Some Point: Survey](http://www.fastweb.com/student-life/articles/food-insecurity-prevalent-on-college-campuses)Nearly six in 10 students at an Oregon university could not afford to get enough healthy food at one point in the school year, a problem that threatens their school performance as well as their physical and emotional health, researchers say.  
Medline Plus  
January 31, 2014

[**Treatment Often Inadequate for Children With Anxiety Disorders, Study Finds**](http://consumer.healthday.com/mental-health-information-25/psychology-and-mental-health-news-566/treatment-often-inadequate-for-children-with-anxiety-disorders-study-finds-684276.html#.UurzaQxv5mA.twitter)  
Less than half of children and young adults who undergo treatment for anxiety get long-term relief from their symptoms, a new study finds.  
Health Day  
January 29, 2014

[**Substance Abuse and Risky Sexual Behavior Decrease Among Latino Youth When Parents Communicate**](http://www.latinpost.com/articles/6124/20140129/substance-abuse-risky-sexual-behavior-latino-youth-parents-communicate.htm)  
Effective parenting in the lives of maturing Hispanic youth is essential when intending to prevent problem behaviors such as the use and abuse of substances and risky sexual behaviors. Without proper parental guidance, Hispanic youth suffer increased risk of contracting HIV because they will likely engage in drug use and risky sex, a new study from the University of Michigan indicated.  
Latin Post  
January 29, 2014

[**Sexual Problems Affect Young Adults Too**](http://www.livescience.com/42895-sexual-problems-affect-young-adults.html)  
Sex problems do not only affect middle age and older people � teens and young adults have difficulties with sex too, a new study from Canada shows.  
Live Science  
January 28, 2014

[Kids Bullied During Gym Class May Stop Exercising](https://consumer.healthday.com/mental-health-information-25/behavior-health-news-56/kids-bullied-during-gym-class-may-stop-exercising-683995.html)Children who are bullied during gym classes or while doing other types of exercise and sports are less likely to be physically active, a new study finds.  
Medline Plus  
January 27, 2013

[**Putting the man in contraceptive mandate**](http://www.arhp.org/publications-and-resources/contraception-journal/january-2014#.UuwMm5olsz0.twitter)  
While the mandate is a landmark for women's health care, it has not yet directly addressed a role for men. Male involvement is often either absent or a late addition to reproductive policies, as seen with past developments in sexual health such as emergency contraception, the human papillomavirus vaccine and expedited partner therapy for sexually transmitted infections. As written currently, the ACA does not direct insurance carriers to reimburse for vasectomy nor prospective male contraceptives or counseling.  
Contraception Journal  
January 2014

[**What Happens to Depressed Adolescents?**](http://www.psychiatrictimes.com/child-adolescent-psychiatry/what-happens-depressed-adolescents)  
The high rate of recurrence of depressive symptoms, emergence of non depressive disorders, and ongoing psychosocial challenges point to the need for a longer-term view of the management of adolescents with depressive disorders.   
Psychiatric Times, December 30, 2013

[**Vaccination campaign: The HPV jab that would save boys' lives**](http://www.independent.co.uk/life-style/health-and-families/health-news/vaccination-campaign-the-hpv-jab-that-would-save-boys-lives-9101706.html)  
HPV Action, which has attracted the high-profile backing of leading charities and a medical royal college, wants the national vaccination programme against the human papilloma virus (HPV), currently only available to girls aged 12 to 13, to be extended to boys, amid growing evidence of the virus's role in causing cancers of the mouth and throat.  
The Independent  
February 4, 2014

[**NIDA Releases Substance Abuse Treatment Resources for Teens**](http://www.campussafetymagazine.com/channel/public-safety/news/2014/01/25/nida-releases-substance-abuse-treatment-resources-for-teens.aspx)  
The National Institute on Drug Abuse (NIDA) has released resources to help parents, health care providers, and substance abuse treatment specialists treat teens struggling with drug abuse, as well as identify and interact with those who might be at risk.  
Campus Safety  
January 25, 2014

[$2.25M grant to help NH substance abuse screening](http://www.washingtontimes.com/news/2014/jan/25/225m-grant-to-help-nh-substance-abuse-screening/?utm_source=RSS_Feed&utm_medium=RSS&utm_reader=feedly)The New Hampshire Charitable Foundation plans to use a $2.25 million grant to help with a new substance abuse screening program for young adults.   
 The Hilton Foundation grant will enable the Charitable Foundation, in partnership with selected nonprofit hospitals, primary care and community health practices, to expand use of the screening program to people between the ages 12 and 22 with the goal of stopping substance use before it starts.  
AP  
January 25, 2014

[**School Segregates Students Because 'Girls Hear Better' And 'Boys Are Messy'**](http://www.opposingviews.com/i/society/education/school-segregates-students-because-girls-hear-better-and-boys-are-messy)  
Somerset Middle School in Somerset, Wis. has been accused of segregating boys and girls based on gender stereotypes, which may violate gender equality laws.  
Opposing Views  
January 22, 2014

[**New Option for Teens Struggling With Addiction**](http://www.abc2news.com/dpp/about_us/teen_media/new-option-for-teens-struggling-with-addiction)  
Despite the focus on preventive measures in schools, the number of teens who say they've used drugs is alarming. For many of these teens, there is nowhere to turn once they've become addicted. Until this month, no centers in the greater Baltimore area accepted adolescents.  
ABC News  
January 22, 2014

[Giving hope, help to young gay men](http://www.philly.com/philly/columnists/20140121_Giving_hope__help_to_young_gay_men.html)Offering an oasis from attitudes such as those, the Camden Area Health Education Center operates a "drop-in" program for young gay men at 514 Cooper St. The bright, comfortable basement space is open three evenings a week to males between 17 and 24, and provides HIV testing, counseling, support groups, and social programs.  
Philly.com  
January 22,2014

[**Initiative increases focus on the health of boys**](http://www.usatoday.com/story/news/nation/2014/01/22/boys-health-website/4711965/)  
A new Web-based resource aims to help health care providers better engage adolescent and young-adult male patients and address their unique health issues.  
USA Today  
January 22, 2014

[**Unemployment: Crisis Meets Opportunity**](http://www.huffingtonpost.com/preeti-vissa/unemployment-crisis-meets_b_4639051.html?utm_hp_ref=tw)  
You don't need me to tell you that unemployment is still a huge problem. The unemployment rate, including [long-term unemployment](http://www.cbsnews.com/news/the-nerve-wracking-experience-of-the-long-term-unemployed/), is still way too high, and Congress keeps deadlocking over small but urgently needed measures like [extending unemployment benefits](http://www.washingtonpost.com/politics/unemployment-benefits-wont-be-extended-until-at-least-late-january-as-senate-deadlocks/2014/01/14/42b239a2-7d68-11e3-9556-4a4bf7bcbd84_story.html) for those struggling to find work. For young Latino and African American men, it's even worse. Nationally, Latino men age 20 to 24 have an 11.5 percent unemployment rate, while for young African American men, the rate is more than 20 percent. Even as we hear of gradual recovery from the recession, that last figure is very close to Great Depression levels of unemployment.  
Huffington Post  
January 21, 2014

[**Technology That's Making a Difference to Youth Mental Health**](http://www.digitaljournal.com/pr/1691717#ixzz2reC0IDmz)  
An estimated [1.2 million](http://www.mentalhealthcommission.ca/English/node/845)Canadian children and youth are affected by mental illness yet less than 20 per cent will receive appropriate treatment. With more than two-thirds of adults living with a mental health problem reporting that symptoms first appeared during their youth, establishing the foundation for healthy emotional and social development is vital early on.  
Digital Journal  
January 21, 2014

[**Gay-straight alliances reduce suicide risk among all students: study**](https://news.ubc.ca/2014/01/20/gay-straight-alliances-in-schools-reduce-suicide-risk-for-all-students/)  
Student-led clubs and anti-homophobia policies found to lower odds of discrimination  
Vancouver Sun, January 20, 2014

[Easier Way for Doctors to Identify Substance Abuse?](https://www.bu.edu/sph/2014/01/13/bu-study-one-question-may-gauge-the-severity-of-unhealthy-drug-and-alcohol-use/)Study supports asking a simple question, rather than giving lengthy questionnaire  
A single question may help doctors determine whether a patient has a drug or alcohol problem and the level of abuse, a new study suggests. Keep it simple is the message from the study of nearly 300 people recruited from the Boston Medical Center primary care clinic.  
Medline Plus  
January 16, 2014

[**New Books, 'Helping Boys Learn,' Feature Separate Editions for Parents & Teachers**](http://www.digitaljournal.com/pr/1685299#ixzz2qtZE2mWw)  
Edmond J. Dixon, Ph.D. offers practical [teaching strategies](http://www.helpingboyslearn.com/) with parents' and teachers' editions of a new book, "Helping Boys Learn: 6 Secrets for Your Son's Success in School."  
  
Digital Journal  
December 16, 2014

[Primary Care Providers May Balk at Giving Teens Antidepressants](https://www.sciencedaily.com/releases/2014/01/140110113536.htm)Many aren't comfortable writing the prescription and most would refer patient to a psychiatrist, study finds  
Primary health care providers are reluctant to prescribe antidepressants for their teenaged patients, even in cases of severe depression, a new study suggests. The researchers found that those who were more knowledgeable about depression -- and especially those who could consult with an on-site mental health expert -- were more likely to prescribe antidepressants for depressed teens.  
Medline Plus  
January 15, 2014

[**Half of teens outgrow depression and anxiety**](http://theconversation.com/half-of-teens-outgrow-depression-and-anxiety-22051)  
Around half of teens who experience a brief episode of depression or anxiety do not go on to have a mental illness in adulthood, according to a study from the Murdoch Children's Research Institute. Half of girls and almost one-third of boys have an episode of depression or anxiety in their teens but rates drop sharply when young people reach their 20s. The study was published January 16 in [The Lancet](http://www.thelancet.com/journals/lancet/article/PIIS0140-6736%2813%2962116-9/fulltext) medical journal.  
The Conversation.com  
January 16, 2014

[**In Defense of Boys**](http://online.wsj.com/news/articles/SB10001424052702304149404579322631919886524?mg=reno64-wsj&url=http%3A%2F%2Fonline.wsj.com%2Farticle%2FSB10001424052702304149404579322631919886524.html)  
When the only tool you have is a hammer, every problem looks like a male.  
The New York Times's [Charles Blow](http://www.nytimes.com/2014/01/11/opinion/blow-sex-is-not-our-problem.html) had an interesting column the other day, and we mean that as a backhanded compliment. Blow opens by announcing that his intention is to transcend the "simplistic, black-or-white, conservative vs. progressive discussion around the dissolution of the traditional family and high single-parent birthrates" and instead "focus more on complex areas of causation."  
Wall Street Journal  
January 15, 2014

[**Colorado Introduces New Campaign to Combat Teen Prescription Drug Abuse**](http://hometestingblog.testcountry.com/?p=26710)  
Fresh on the heels of its move to make now-legal marijuana more readily available to adults, Colorado has introduced a campaign meant to help fight teen prescription drug abuse. The Rise Above Colorado campaign is being unveiled today (Jan. 15) and will include educational programs and outreach efforts.  
Home Testing Blog  
January 15, 2014

[**Predictors of substance abuse identified among teens with bipolar disorder**](https://www.elsevier.com/about/press-releases/research-and-journals/predictors-of-substance-abuse-identified-among-teens-with-bipolar-disorder)  
A study published in the issue of the Journal of the American Academy of Child and Adolescent Psychiatry found that approximately one in three teens with bipolar disorder developed substance abuse, for the first time, during 4 years of follow-up. The study also identified several risk factors that predicted who among these teens was most likely to develop substance abuse.  
Yotta Fire  
January 14, 2014

[Are Teen Brains Hyper-Wired for Rewards?](http://www.livescience.com/42532-teens-brains-respond-strongly-to-rewards.html)Study suggests there may be some logic in their choices after all  
Teens are notorious for taking more risks than adults, and a new imaging study suggests it's because the adolescent brain is hypermotivated when it comes to receiving rewards. A study published online Jan. 13 in Proceedings of the National Academy of Sciences suggests that teen brains showed more activity in a specific pleasure center of the brain compared to adults when they were rewarded during gambling games where money was at stake.  
Medline Plus  
January 14, 2014

[**Bullies and victims face mental health risks**](http://medicalxpress.com/news/2014-01-bullies-victims-mental-health.html)  
Young teenage bullies and their victims face increased risks of developing mental health and substance use problems later in adolescence, a University of Queensland study has found.  
The study examined the [mental health](http://medicalxpress.com/tags/mental+health/) outcomes of 17-year-olds who had been involved in peer aggression and [bullying](http://medicalxpress.com/tags/bullying/) at 14 years of age.  
Medical Express  
January 14, 2014

[**Higher depression risk in boys who think they are underweight**](http://www.medicalnewstoday.com/articles/271141.php#.UtXy7dxqc7U.twitter)  
The focus on teenage weight issues tends to center around girls, but boys are not immune to body image pressures. In two new studies, researchers found that teen boys of a healthy weight who think they are too skinny have a higher risk of being depressed, compared with other boys - even those who think they are overweight.  
Medical News Today  
January 13, 2014

[**Teens down about concussion**](https://www.sciencedaily.com/releases/2014/01/140109175502.htm)  
Teenagers who have suffered from concussion should be screened for depression, research suggests.  
The US study published in the Journal of Adolescent Health found that adolescents with a history of concussion [are more than three times](http://www.jahonline.org/article/S1054-139X%2813%2900527-2/fulltext) as likely to suffer from depression as those who have never had mild traumatic brain injury.  
6 minutes.com  
January 13, 2014

[**Lack of sleep in teenage boys may lead to obesity**](http://health-beauty-2468.blogspot.com/2014/01/lack-of-sleep-in-teenage-boys-may-lead.html?spref=tw)  
A new research study finds that lack of sleep in teenage boys leads to weight gain even though it has no effect on girls of the same age. The researchers looked at the sleeping habits and body fat and weight in 386 boys and 299 girls. The age group was 15-18. They found that an average teenage boy of 16 years who sleeps 8 hours a day will have 1.6 kg more fat in their body and will be 1.8 cm bigger around the waist compared to a boy of same size who slept 10 hours every day.  
Health and Beauty News  
December 13, 2014

[Assaults at Schools Send 90,000 Kids to ER Each Year: Study](https://www.northcarolinapersonalinjurylawyersblog.com/2014/02/school-bullying-sending-thoudands-to-er.html)Children and teenagers who are assaulted at school account for nearly 90,000 emergency-room visits in the United States each year, new research finds.  
Healthfinder.gov  
January 13, 2014

[**Why Florida Wants To Expand Single-Gender Classes**](http://stateimpact.npr.org/florida/2014/01/13/why-florida-wants-to-expand-single-gender-classes/)  
A handful of public schools in Florida have either all-girls or all-boys classrooms. More could be coming. Rep. Manny Diaz, R-Hialeah, is behind [a bill that would have one school in each school district](http://www.myfloridahouse.gov/Sections/Bills/billsdetail.aspx?BillId=51429) offer only single sex classes. The proposed legislation would create a pilot project in designated districts for two years.  
NPR  
January 13, 2014

[Michael Gurian: If I Were a Parent of a Boy...](http://sixseeds.patheos.com/timwright/2014/01/if-i-were-a-parent-of-a-boy-guest-post-by-michael-gurian/)But it is also true that boys and men are in substantial trouble today. They increasingly fill our principal's offices, ADD/ADHD assessment clinics, and rolls of the homeless and unemployed. Boys and men are more likely to be victims of violence than girls and women, commit suicide at four times the rate of females, and suffer emotional disturbance, behavioral and other brain related disorders in higher numbers. They are suspended or expelled from school in much higher numbers than girls, receive two thirds of the Ds and Fs in schools, and lag behind girls in standardized test scores in all fifty states. They abuse substances and alcohol at higher rates than girls and are incarcerated at exponentially higher rates.  
Strong for Parenting Blog  
January 8, 2014

[**What Happens to Depressed Adolescents?**](http://www.psychiatrictimes.com/child-adolescent-psychiatry/what-happens-depressed-adolescents)  
The disruption caused by adolescent depression is also known to affect health outcomes during young adulthood; however, few studies have tracked outcomes into this stage. My colleagues and I recently published a study that looked at the longer-term clinical and psychosocial outcomes of depressive disorder in early adulthood.1 In addition, clinical and demographic variables that were associated with recurrence and lack of remission were identified.  
Psychiatric Times  
December 30, 2013

[**Banding Together to Help Boys into Manhood**](http://thetyee.ca/News/2013/12/20/Vancouver-Young-Mens-School/)  
Vancouver 'Young Men's' school group resists gendered pressures through mentorship.  
We know there's something up with boys -- the alarms have been sounding for decades. Today, young men are 10 per cent more likely than young women to [drop out of high school](http://www4.hrsdc.gc.ca/.3ndic.1t.4r@-eng.jsp?iid=32#M_2). Their post-secondary enrollment [falls worryingly short](http://news.nationalpost.com/2013/06/26/women-outpacing-men-at-post-secondary-newcomers-more-educated-than-average-canadian-statscan/) of women's, too. In particular, single young men have been [hit hard](http://www.citynews.ca/2010/11/23/young-men-the-face-of-poverty-in-post-recession-canada-study/) by recession. Recognizing the trends, an increasing number of schools in the Lower Mainland are rolling up their sleeves to do something about it.   
The Tyee  
December 20, 2013

[**Hong Kong follows global trend with women dominating higher education**](http://www.scmp.com/lifestyle/family-education/article/1406935/hong-kong-follows-global-trend-women-dominating-higher)  
Worldwide, girls are outperforming boys at school and university. In the first of two-part series, Elaine Yau examines how this trend is playing out in Hong Kong  
South China Morning Post   
January 17, 2014

[**Boys will be boys It is imperative that parents set a good example for their sons**](http://www.bangkokpost.com/lifestyle/family/389446/boys-will-be-boys)   
Unpleasant stories about men's aggression and violence towards their family members continue to surface. And violent behaviour can be assimilated through the family environment as children grow up. Boys...   
Bangkok Post  
January 14, 2014

[**'Raising Kings' conference organizers hope to inspire men, boys of color**](https://endnewjimcrowde.org/2016/01/13/raising-kings-weekend/)  
Goal of program to foster success among boys, men of color  
Artists, educators and community leaders are lining up for a two-day conference that hopes to break the sense of hopelessness gripping some of Wilmington's men and youths. Organizers of the Raising Kings Conference hope the event, which will consist of speakers, breakout sessions and activities, will raise the level of positive engagement in the lives of men and boys of color.  
Delaware Online  
January 11, 2014

[**Up to 40 Percent of Kids with Autism Receive Alternative Medicine Treatments, Too**](http://www.healthline.com/health-news/children-40-percent-of-autistic-kids-try-alternative-medicine-too-011114)  
In a new study, 40 percent of families with children who have autism or other developmental disorders said they use alternative medicine to treat their children, along with conventional therapies. The findings, published in the [*Journal of Developmental and Behavioral Pediatrics*](http://journals.lww.com/jrnldbp/Pages/default.aspx), were based on a survey of families in Northern California.  
Health Line News  
January 11, 2014

[Study: Half of Black Men Arrested by Age 23](https://www.usatoday.com/story/news/nation/2014/01/20/nearly-half-arrested/4669225/)Nearly half of all African-American males are arrested by age 23, outpacing their White counterparts, according to a new study published Jan. 6 in the journal Crime & Delinquency.  
Afro,January 10, 2014

[**Primary care practitioners hesitate to prescribe antidepressants for depressed teens**](http://medicalxpress.com/news/2014-01-primary-practitioners-hesitate-antidepressants-depressed.html)  
Pediatric primary care practitioners (PCPs) are reluctant to prescribe antidepressant medications to adolescent patients even those with severe depression, reports a study in the January [*Journal of Developmental & Behavioral Pediatrics*](http://www.jrnldbp.com/).  
Medical Express  
January 10, 2014

[**Boys In The Back: Equalizing Education**](http://www.jewishpress.com/sections/family/parenting-our-children/boys-in-the-back-equalizing-education/2014/01/10/)  
Think about the perfect student, the one who sits quietly, takes notes, and participates when called on. Now, were you imagining a boy or a girl? Chances are, your "perfect" student was a girl.  
Jewish Press  
January 10, 2014

[**Suicide rate among young male vets spikes: VA**](http://www.cbsnews.com/news/suicide-rate-among-young-male-vets-spikes-va/)  
There has been a sharp increase in the suicide rate among the youngest U.S. male veterans, and a smaller but still significant jump among women who served in the military, the Department of Veterans Affairs said Thursday.  
CBS News  
January 10, 2014

[**Oye! Relationships: Boys Will Be Boys (or However We Make Them)**](http://www.oyetimes.com/tabloid/relationships/57425-boys-will-be-boys-or-however-we-make-them)  
Divorce, spousal abuse, child abuse, crime, violence, violence against women, the list goes on and on. Then there is the list of depression, drug abuse, and suicide. What's going on? Bad seeds? The bad apple of the bunch? Or is there a bigger picture problem, a systemic lack of proper guidance in our society?   
Oye Times  
January 10, 2014

[**Sad Truths about Teen Suicide**](http://www.americanthinker.com/2014/01/sad_truths_about_teen_suicide.html)  
Teen deaths for any reason are tragic losses of life and potential.  According to the Centers for Disease Control and Prevention (CDC), one in five teenagers in the U.S. seriously considers suicide annually, and approximately 1,700 die by suicide each year.  Both the CDC and the National Mental Health Association (NMHA) point out that suicide rates for teens have tripled since 1960 -- making it the third leading cause of adolescent death and the second cause among college students.  Yet, according to the American Psychological Association, teen suicide is preventable, and they identify possible warning signs.  They also note that more than 90 percent of suicide deaths are from mental illness and substance-abuse disorders.  
American Thinker  
January 9, 2013

[**Violence in communities: Examine what it means to be a "real" boy or man in society**](http://msue.anr.msu.edu/news/violence_in_communities_examine_what_it_means_to_be_a_real_boy_or_man_in_so)  
If you're concerned about issues of bullying, school shootings, rampage killings, day-to-day gun violence and sexual assault, scholars who study gender, violence and larger cultural patterns urge us to examine these issues through the lens of gender.   
Michigan State University  
January 9, 2014

[**Kids Believe The World Is More Separated By Gender**](http://www.counselheal.com/articles/8228/20140109/kids-believe-world-more-separated-gender.htm)  
A new study conducted at Michigan State University revealed that kids believe the world is far more segregated by gender than it actually is.  
Counsel & Heal  
January 9, 2014

[**Teenagers who drink have more friends: study**](http://www.reuters.com/article/us-teenagers-drink-idUSBREA070WE20140108)  
Middle and high school students who drink alcohol are often the same ones winning the popularity contests, new research suggests. Previous studies have found friend groups can influence choices about alcohol, but haven't looked at the possible social payoffs of drinking.  
Baltimore Sun  
January 8, 2014

[National Youth Health Fitness Survey:  Only 1 In 4 Tweens Meets U.S. Guidelines](http://www.nydailynews.com/life-style/health/1-4-teens-exercise-article-1.1570035)Only 1 in 4 U.S. kids aged 12 to 15 meet the recommendations an hour or more of moderate to vigorous activity every day.  
Huffington Post  
January 8, 2014

[**Raising real men: If you want smart boys**](http://www.deseretnews.com/article/865593705/Raising-real-men-Be-smart.html)  
It is much more socially acceptable for a girl to "be smart" than it is for a boy.  
Deseret News  
January 8, 2014

[Addressing Comorbid ADHD, Substance Abuse Disorder in Adolescents](https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4414493/)The rate of ADHD is 6 percent to 9 percent in children; and 3 percent to 4 percent in adults. If we look at the clinical samples, over half of the adults with ADHD will have a SUD. If we reverse this and began our study observing people with addiction, we will see that 25 percent of people with a substance addiction will have ADHD.  
Psychiatric News  
January 7, 2014

[**Higher education data on college degrees for the Class of 2012 confirm a huge and persistent gender degree gap**](http://www.aei-ideas.org/2014/01/higher-education-data-on-college-degrees-for-the-class-of-2012-confirm-a-huge-and-persistent-gender-degree-gap/)  
The Department of Education recently provided an advance release of some of its "[2013 Digest of Education Statistics](http://nces.ed.gov/programs/digest/2013menu_tables.asp)," including data on degrees conferred for the Class of 2012, here's what those data show: 1. For the seventh year in a row starting with the Class of 2006, women in 2012 earned more college degrees than men at every level.  Milestone: For the first time ever, women in 2012 earned more than one million bachelor's degrees (1,025,729). In contrast, men earned only 765,317 bachelor's degrees in 2012  
AEI  
January 6, 2014.

[**Steroid use soars among young men**](http://www.smh.com.au/national/health/steroid-use-soars-among-young-men-20140109-30kks.html)  
Steroids have become the drug of choice for people who start injecting illicit substances, eclipsing methamphetamines and heroin in popularity among young men.  
Sydney Morning Herald  
January 10, 2014

[**Research sheds light on eating disorders in young men**](http://www.ctvnews.ca/health/research-sheds-light-on-eating-disorders-in-young-men-1.1619008)Eating disorders are commonly associated with women, but recent research is shedding light on young men's struggles with anorexia, overeating and other disorders.  
Dr. Skevoulla Xinaris, a psychologist with Lakeridge Health's eating disorders program in Oshawa, Ont., told CTV News that she's seeing more young men at the clinic who have severe eating disorders, including anorexia nervosa, bulimia nervosa and binge-eating.  
CTV News  
January 5, 2014

[**Adolescent Health Programme Launched**](http://www.newindianexpress.com/nation/Adolescent-Health-Programme-Launched/2014/01/09/article1988835.ece)  
To address the health needs of the 243 million adolescents, Union Minister for Health and Family Welfare Ghulam Nabi Azad on Tuesday launched the Rashtriya Kishor Swasthya Karyakram (RKSK). Azad said that the programme will bring in several new healthcare dimensions, which he listed as mental health, nutrition, substance abuse, gender-based violence and non-communicable diseases. He said so far the efforts have been partial, confined to sexual and reproductive health, that too at select government facilities.  
Indian Express  
January 9, 2014

[**Mostly boys taking up computer-type studies**](http://www.stuff.co.nz/southland-times/news/9590302/Mostly-boys-taking-up-computer-type-studies)  
Twice as many boys are studying computer-related subjects in Southland schools as girls, with industry professionals placing the blame on schools.  
Southland Times  
January 9, 2014

[**There's Something Absolutely Wrong With What We Do To Boys Before They Grow Into Men**](http://www.upworthy.com/theres-something-absolutely-wrong-with-what-we-do-to-boys-before-they-grow-into-men?g=2)  
I can't even begin to describe the toll that the concept of masculinity has taken on my life. And it's felt everywhere. It's time we make changes, starting from within ourselves.  
Upworthy  
January 2014

[**Young Men and Shootings: Man Enough?**](http://www.aspentimes.com/news/sports/9549093-113/suicide-culture-women-control)  
But we overlook one aspect of these violent public outbursts: in every case where a suspect is known, the shooter is male. (Notice how the word "gunman" fits comfortably within our vernacular, unlike its feminine counterpart.)   
Aspen Times, January 3, 2014

[**Why Doctors Don’t Talk to Teenage Boys about Sex**](http://www.everydayhealth.com/columns/dr-laura-berman-on-love-and-sex/why-doctors-dont-talk-to-teenage-boys-about-sex/)  
The researchers also found that female patients were twice as likely to discuss sexual matters with their doctors. While this might seem like par for the course (as ob/gyns tend to discuss issues such as birth control, the HPV vaccine, and more), it also shows that we are doing teenage boys a glaring disservice.  
Everyday Health  
January 3, 2014

[**Doctors Fail To Have 'The Talk' With Teenage Patients, Study**](http://www.hngn.com/articles/20836/20131231/doctors-fail-much-required-sex-talk-teenage-patients-study.htm)  
The experts found that physicians brought up these topics in 65 percent of visits and each conversation regarding sex lasted for an average of 36 seconds only. It was also found that in none of the visits did adolescents start the sex conversation, reinforcing the need for physicians to initiate such talks. The study, published Dec. 30, 2013, in JAMA Pediatrics, found that less than two thirds of doctors and teenage patients talk about sex, sexuality or dating during annual visits.  
[hngn.com](http://hngn.com/)  
December 31, 2013

[**Colo. Teen Addiction Centers Gear Up for Legal Pot**](http://abcnews.go.com/blogs/health/2014/01/03/colo-teen-addiction-centers-gear-up-for-legal-pot/#.UsmMmR6wSqk.twitter)  
While many Coloradoans rang in the new year [by lining up outside marijuana dispensaries for a celebratory toke](http://abcnews.go.com/topics/lifestyle/health/marijuana.htm), some rehab centers are prepping for an increase of marijuana-addicted patients in 2014, especially teenage users.  
ABC News  
January 3, 2014

[**The Boy Scouts and the Secret Policy of Inclusion**](http://www.huffingtonpost.com/juliette-fay/boy-scouts-and-the-secret_b_2626019.html?utm_hp_ref=tw)  
January 1 hails not only a new year, but also a new era for the 104-year-old Boy Scouts of America (BSA). It's the day a new policy allowing openly gay boys to join took effect. While gay adults are still prohibited from troop leadership, this historic first step toward inclusion serves as an invitation to all boys to join in the fun, friendship, and challenge of scouting.  
Huffington Post  
January 2, 2014

[**Is The Sensitive Boy Doomed From The Start?**](http://goodmenproject.com/featured-content/cc-is-the-sensitive-boy-doomed-from-the-start/)  
We are raising our boys to become better than their macho-male predecessors, a noble endeavor indeed. We teach them to be sensitive, that crying in public is nothing to be ashamed of, that they don’t need to "suck it up," that the weight of the world is not riding on their shoulders, and no matter what others might say, they are special and should be respected for being special. We just keep forgetting to tell them that everyone else thinks they are special too.   
Good Men Project  
January 1, 2013

[**Snapshot of the U.S. uninsured: Young, male, family working**](http://www.upi.com/Health_News/2013/12/29/Snapshot-of-the-US-uninsured-Young-male-family-working/UPI-30281388378017/#ixzz2pZeS5JHT)A large fraction of the United States' uninsured are young, men who are either working or have someone in the family working, white or Hispanic, officials say.  
UPI  
December 29, 2013

[**Study Identifies Health Risk Facing Boys Raised By Single Parents**](http://www.huffingtonpost.com/2013/12/26/single-parent-kids-health_n_4504913.html?utm_hp_ref=tw)  
Growing up in a single-parent household can lead to high blood pressure later in life for African-American males, according to a new study from the National Institute of Health.  
Huffington Post,  December 26, 2013

[CDC: Diagnoses of ADHD Are on the Rise](https://www.cdc.gov/ncbddd/adhd/data.html)According to a study by the Centers for Disease Control and Prevention, 6.4 million children, or 11 percent of children between the ages of 4 and 17, have been diagnosed with attention-deficit/hyperactivity disorder. -   
News Register  
December 26, 2013

[**How to raise boys to be good men**](http://www.cnn.com/2013/12/25/living/raising-boys-to-be-men-identity/index.html?sr=sharebar_twitter)  
Boys, like girls, have complicated feelings. They struggle with their identities. They have no idea how to approach females. The anything goes sexual mores of teen sexuality create pressure to perform as well as pressure not to violate.  
CNN  
December 25, 2013

[**Baby Boys Prefer Dolls To Cars**](http://www.counselheal.com/articles/8053/20131223/baby-boys-prefer-dolls-cars.htm)  
After showing four-month and five-month-old [babies](http://www.counselheal.com/articles/8053/20131223/baby-boys-prefer-dolls-cars.htm) pictures of objects, people and dolls, Australian researchers at the University of Western Sydney found that baby boys favor objects with faces over machines.  
Counsel & Heal  
December 23, 2013

[**Are we lazy in our approach to educating boys? They have fundamentally different learning patterns, says expert**](http://westmilfordmessenger.com/apps/pbcs.dll/article?AID=/20131230/NEWS01/131239990/Are-we-lazy-in-our-approach-to-educating-boys)  
A recent study from researchers at the University of Georgia, which followed 10,000 students as they moved from kindergarten to eighth grade, indicates that though boys scored well on tests, indicating mastery of material, girls got better grades. Researchers account for higher scores in girls because they comported themselves better than boys while in the classroom.  
Milford Messenger  
December 30, 2013

[**Why girls are preferred over boys by IVF parents**](http://health.india.com/news/why-girls-are-preferred-over-boys-by-ivf-parents/)  
A new research has found that a majority of IVF parents undergoing embryo screening are choosing girls over boys in order to decrease the child’s risk of autism, as male babies are about 4 times likely as girls to develop the medical condition.  
India.com  
December 26, 2013

[**Teen boys have ‘negative view’ of depression in peers**](http://www.thejournal.ie/teenage-boys-depression-view-1226870-Dec2013/?utm_source=shortlink)  
This test also showed that teenage girls did not have negative attitudes towards their peers with depression but that some teen boys did. Dr Hennessy said: If we were to think about intervention, the group that we need to target are adolescent boys and depression.  
[thejournal.ie](http://thejournal.ie/)  
December 23, 2013

[**Tristram Hunt: 'White British boys are not getting the education they want'**](http://www.telegraph.co.uk/education/10539284/Tristram-Hunt-White-British-boys-are-not-getting-the-education-they-want.html)  
"It doesn’t matter that these are white boys. It’s not about the colour of their skin. It is a grouping that we know we have an issue with." While London schools have been transformed "and that has particularly impacted on other race communities, we have a problem in other parts of the country that particularly affects white British boys".  
The Telegraph  
December 28, 2013