

California Governor Signs Strict Vaccination Law Eliminating Exemptions for Personal Beliefs

Gov. Jerry Brown wasted no time Tuesday in signing a contentious California bill to impose one of the strictest school vaccination laws in the country following an outbreak of measles at Disneyland late last year. Brown, a Democrat, issued a signing statement just one day after lawmakers sent him the bill to strike California's personal belief exemption for immunizations, a move that requires nearly all public schoolchildren to be vaccinated. The bill takes effect next year.

The Blaze, June 30, 2015

Over a third of 16 and 17 year olds too anxious to sleep at night

A new campaign dubbed Seriously Awkward launched by The Children's Society has found that more than a third of older teenagers are so anxious and stressed that they have suffered sleepless nights in the last year.

Techie News, June 29, 2015

SCREEN TIME LINKED TO WEAKER BONES IN TEEN BOYS

Teenaged boys who spend too many hours in front of the computer or television without participating in enough weight bearing exercise could develop weaker bones as they age, a small Norwegian study suggests.

EWN, June 27, 2015

Tackling the trauma: Male survivors of sexual abuse hope for more understanding

Elizabeth Saewyc, director of the Stigma and Resilience Among Vulnerable Youth Centre at UBC, a research centre that examines youth health issues, says men who experience sexual violence as children or adolescents may go on to experience mental and physical health issues. However, young

men who receive support from family and other adults are more likely to recover from the trauma.

Ubc, June 26, 2015

Campaign asks Ontario to fund HPV vaccine for young men

HPV is commonly associated, at least in the public eye, with cervical cancers. The province currently funds the vaccine for young women. But HPV does not differentiate between genders, nor does it cause only cervical cancer. According to Dr Irving Salit, a professor of medicine at the University of Toronto who studies HPV transmission among men and who spoke to Daily Xtra in May 2015, the number of HPV-related cancers in men and women are very similar. For men, those cancers include penile, throat and anal cancers.

DailyXtra, June 26, 2015

Detecting STIs: Teens believe a color-changing condom is the answer

Sexually transmitted infection-- it's a sensitive topic that many people find difficult to discuss, but a group of teenage boys think they may have found an eye-catching solution. The so-called "S.T.EYE" condom is a conceptual design that changes color when it comes into contact with an STI such as chlamydia or syphilis. The idea is the brainchild of Muaz Nawaz, 13, Daanyaal Ali, 14, and Chirag Shah, 14, who attend the Isaac Newton Academy in east London.

CNN, June 26, 2015

'Psychologists should lead the way on male mental health issues'

A group of Britain's most senior psychologists are so concerned about the unique - and increasingly fatal - problems facing modern men, they are urgently calling for a dedicated Male Psychology Section of the British Psychological Society.

The Telegraph, June 26, 2015

Innovative male circumcision device for HIV prevention receives WHO prequalification

"This is a major milestone toward improving access to voluntary medical male circumcision, which will help to prevent HIV acquisition in low-resource settings and contribute to the international efforts to achieve an AIDS-free generation," said Mr. Shang Jianzhong, inventor and board

chairman of Wuhu Snnda Medical Treatment Appliance Technology Co., Ltd.

Medical Xpress, June 24, 2015

[Men more likely to talk about suicidal thoughts with loved ones than doctor, Black Dog Institute study finds](#)

A national study has found men are more likely to discuss suicidal thinking with trusted acquaintances like family, friends or partners than health clinicians.

ABC, June 25, 2015

[The 10 Leading Causes of Death in American Men](#)

The top causes of death for American males saw some changes over the ten-year period between 2001 and 2011. As far as the top two killers go, cancer's position stayed fairly steady, but heart disease showed a significant dip for men, dropping more than four percentage points. It's also worth noting that stroke and respiratory disease flipped spots. Alzheimer's wasn't present at all on the [top 10 list for 2001](#), but the disease was the eighth most common cause in 2011, accounting for 2% of deaths in males.

Cheat Sheet, June 27, 2015

[Research team refutes link between Viagra and Melanoma](#)

Scientists from New York University are now re-evaluating last year's research claim that correlates melanoma and Viagra, the little blue magic pill for men with erectile dysfunction.

Daily Times Gazette, June 24, 2015

[Five reasons why the male pill isn't coming any time soon](#)

Here are the five (perhaps surprising) stumbling blocks to the arrival of the male pill: the greatest thing we've never had.

The Telegraph, June 23, 2015

[Breaking down the best fitness apps for men for iPhone, Android](#)

Using technology to get a leg up on getting fit is a growing trend, but it can be hard for men to sift through all of the options to find what works best. Here's a list of a few solid options based on the reviews.

ABC, June 23, 2015

[Ex smokers at greater risk of prostate cancer according to new studies](#)

Ex-smokers were also at greater risk of recurring cancer, but not those who quit the habit 10 years or more before having their prostate glands removed. The findings, published in the journal *European Urology*, make it seem more likely that there is a link between smoking and prostate cancer.

The Mirror, June 22, 2015

[38 percent Of New Fathers Concerned About Personal Mental Health, Says Survey](#)

A new survey from the National Childbirth Trust (NCT), a charity for parents, has found that more than 1 in 3 new fathers, or about 38 percent, are worried about their mental health highlighting that it is not just the mothers who experience postnatal depression and other mental health issues associated with the birth of a baby.

Tech Times, June 19, 2015

[PrEP is not linked to greater risk for depression](#)

A new paper out of the iPrEx study—a randomized, placebo-controlled trial of daily oral HIV pre-exposure prophylaxis (PrEP) in men and transgender women who have sex with men—reported no link between taking Truvada for oral PrEP and experiencing depression.

Medical Express, June 19, 2015

[ABSTRACT: prostate cancer volume estimation by combining magnetic resonance imaging and targeted biopsy-proven cancer core-length: Correlation with cancer volume](#)

CONCLUSION: Combining MRI-estimated cancer volume with MR/US-fusion biopsy-proven cancer core-length improved cancer volume predictability.

Uro Today, June 19, 2015

[Transfat Weakens Memory in Young Men](#)

"Trans fats were most strongly linked to worse memory in men during their high productivity years," said lead author Beatrice Golomb, professor of medicine at University of California San Diego School of Medicine in the US.

NDTV, June 18, 2015

Greatest Study Ever Reveals Coffee May be Good for Your Penis

Preliminary research from Portugal, U.S. and Brazil says that mice who were given caffeine in their regular drinking water have performed better when dealing with stress and have been doing better in memory tests than mice who drank regular water. Furthermore, mice on regular water apparently exhibited other stress-induced changes in their behavior, as Business Insider informs us.

BGR, June 18, 2015

Men don't think they 'have a right' to talk about birth control. Seriously

It transpires that men are loath to discuss contraceptive issues. In my quest to secure a male testimony about contraception, I was met with straight 'No's', and several blokes backing out of interviews after getting cold feet. I was consistently shocked by how mortified men seemed to be by the prospect of registering an opinion about birth control. Some said they didn't think it was their right and some seemed embarrassed. But either way, it's crystal clear that men need to be encouraged to join this vital discussion that affects them as well as us.

The Telegraph, June 18, 2015

ABSTRACT: Current trends and new frontiers in focal therapy for localized prostate cancer

Multiparametric magnetic resonance imaging (mpMRI) allows us to define, locate, and monitor cancers in a way never before possible. These capabilities combined with promising results from current prospective studies have changed the face of FT. This review presents the latest developments, current trends, and next steps in FT.

Uro Today, June 17, 2015

Males inherit more genetic flaws from their mothers than females, research shows Certain types of mutations only have negative consequences when passed from women to their sons, according to studies

Scientists said there is increasingly compelling evidence to show that men are the weaker sex, because DNA passed on from their mothers can cause damage to male health.

A series of studies show that certain types of mutations only have negative consequences when passed from women to their sons. Genetics experts dubbed the phenomenon "mother's curse" - and said the theory could explain why men have an overall shorter life expectancy than women.

The Telegraph, June 16, 2015

UBC team launches support website for men with depression

A new website spearheaded by two professors at the University of British Columbia aims to provide guidance and direction to men who live with depression, and was launched during Men's Health Week (June 15-21). HeadsUpGuys.ca is a product of a UBC research initiative funded by Movember Canada, called the Men's Depression and Suicide Network.

VanCity Buzz, June 16, 2015

Blue Monday kicks off Men's Health Week

Blue Monday was started by the Michigan Institute of Urology's Men's Health Foundation as a way to promote and kick off Men's Health Week. Michael Lutz, MD, ASMH Board member, is the brains and energy behind this new annual event. More information about Blue Monday can be found on the [MIU Men's Health Foundation website](http://MIUMen'sHealthFoundation.com).

WXYZ, June 15, 2015

New Discovery Could Explain How Prostate Cancer Becomes Lethal

New research published in the Proceedings of the National Academy of Sciences has provided a major boost for the prostate cancer field by uncovering an unprecedented mechanism for developing cancer.

Newswise, June 15, 2015

Help for young men during Men's Health Week

AUSTRALIA: Young men are being urged to take advantage of a free, online info session run by headspace during Men's Health Week where they can anonymously ask for support or advice about their health and wellbeing. "Young men are three times more likely to complete suicide than women and twice as likely to have drug and alcohol problems as compared to women; however they are less likely to seek help," he said.

"Young men can find it difficult to get help for a range of reasons such as not knowing where to start, feeling embarrassed to ask for help or not being comfortable with face-to-face support. "headspace provides a safe environment where all young people can ask a professional for support or advice about something that's on their mind in a totally anonymous environment."

Relationships Australia, June 15, 2015

AAFP Conference Offers Platform to Share Immunization Successes

Community engagement was just one tool supporting the project's primary goal: to empower family physicians and their staff to act to increase immunization rates, specifically among adolescents. Supported by a three-

year educational grant from the CDC, the project awarded individual grants to 20 practices. During the AAFP Adolescent Immunization Office Champions Project Conference, participants discussed successes and challenges they've encountered while trying to improve adolescent immunization rates during the three-year initiative .Projects have been running at each practice since April 2013 and are scheduled to conclude Aug. 31. And overall, each practice showed marked improvement in adolescent immunization rates, especially with the HPV vaccine.
AAFP News, June 23, 2015

[Alarming number of young athletes becoming heroin addicts](#)

They were full of promise, ability and drive. But because pain led them to OxyContin prescriptions, and those prescriptions led them to addiction, young athletes across the U.S. have increasingly turned to heroin with disastrous results, according to a special investigative report by Sports Illustrated. A researcher at the University of Michigan published a national study in 2013 that showed that by the time high school athletes were in their senior year, 11 percent will have used a narcotic pain reliever such as OxyContin or Vicodin-for non-medical purposes.
Lancaster Online, June 22, 2015

[HPV Shot and Precancerous Cervical Lesions](#)

A new study offers more evidence that the advent of vaccines to fight human papillomavirus (HPV) could reduce cervical cancer in American women. While it's still too early to say that vaccines such as Gardasil and Cervarix are lowering cases of cervical cancer, the new study finds a recent decline in the number of young American women with cervical tissue changes that can lead to cancer.
Web MD, June 22, 2015

[Increased screen time linked to poorer bone health in teenage boys](#)

Adolescent boys who reported spending more sedentary time in front of a TV or computer screen had a lower bone mineral density than boys who were more physically active, according to research in BMJ Open. In a cross-sectional, population-based study of Norwegian boys and girls, researchers also found that the screen-time behavior of adolescent girls had no effect on their BMD.
Helio, June 17, 2015

[Bivalent HPV vaccine efficacy may be independent of dose](#)

Fewer than three doses of the bivalent human papillomavirus (HPV) vaccine may be sufficient to offer adequate protection against cervical HPV-16 and -18 infection, research published in *The Lancet Oncology* indicates. "Our findings question the number of HPV vaccine doses truly needed to protect the majority of women against cervical cancer, and suggest that a one-dose schedule should be further evaluated", said the study's joint lead author Aimee Kreimer (National Cancer Institute, Bethesda, Maryland, USA) in a press release.

Medical Net, June 17, 2015

Pharmacy Practice: Immunizations Update in the Pediatric Population

Along with questions about HPV, pharmacists must prepare to respond to parents' concerns regarding egg allergies and if vaccines cause autism. Correctly and empathetically answering may help parents embrace vaccinations as the most important method of protecting their children from preventable illnesses. Because of the recent outbreak of meningococcal disease serogroup B, pharmacists must be aware of recent FDA-approved vaccines. This article covers the updates and trends affecting pediatric immunizations and vaccinations, provides a cursory overview of Merck's December 2014 approval of Gardasil 9, addresses egg allergy and autism concerns regarding vaccines, and discusses various meningococcal vaccines.

Pharmacy Times, June 16, 2015

Poor Fluid Intake Levels Higher among Boys than Girls

As per the study researchers, less than 50% of all American youngsters are having the recommended daily fluid intake as said by national health authorities. The researchers said that the inadequate water intake was 76% higher in boys than girls. Also, black children and teenagers were 24% more likely to have less water than white youngsters.

Uncover Michigan, June 15, 2015

Gender Divide for Health Risks of Babies of Smoking Mothers

"In male foetuses there is a big pulse of testosterone made by the testes between 10 and 14 weeks of gestation. And a lot of organs have a particular receptor for testosterone and will respond to that testosterone in a way that will make them more male. "We found that the changes in the male foetuses are linked with liver cirrhosis while those in the female are linked with disorders of glucose metabolism," he said. "The implications are that the foetal livers are already being programmed towards metabolic syndrome, i.e. obesity, cardiovascular disease and liver disease. It is likely that these

changes might make these individuals more susceptible to these diseases in adulthood."

Herald Scotland, June 13, 2015

[NIH Funds \\$146,684 Study on Whether HPV Vaccine Prevents HIV in Gay Indian Men](#)

The National Institutes of Health has awarded \$146,684 to the University of California San Francisco to study whether the human papillomavirus (HPV) vaccine prevents HIV infection in "Indian men who have sex with men." "Several recent publications indicate that human papillomavirus (HPV) and/or HPV-related disease may play a role in acquisition of HIV infection, similar to other sexually transmitted infections (STIs)," the grant stated. *CNS News, June 12, 2015*

[Online comments show support for HPV vaccine but misperceptions too](#)

There may be more support for HPV vaccination than you might expect, given the controversies that dogged the vaccine programs in their early days, a new study suggests. But it also found misinformation about the vaccines abounds. And it gives public health officials clues as to how to reframe the debate about vaccines that protect against cancer-causing human papillomaviruses. The research was done by scientists at Public Health Ontario who analyzed comments posted online in response to Canadian newspaper articles on HPV vaccine. It was published in the online journal PLoS One.

Alaska Highway News, June 10, 2015

[Why more boys have autism-like symptoms](#)

Autism spectrum disorder (ASD) is characterised by social impairments, communication difficulties and restricted, repetitive and stereotyped patterns of behaviour. "The results imply that there may be an over representation of boys with autism, based on sex differences that affect all children," said principal investigator of the study Daniel Messinger, professor of psychology at University of Miami in the US.

Zee News, June 9, 2015

[Why Are the Oldest People Alive Usually Women?](#)

Most supercentenarians (people who live to at least 110 years old) have one thing in common: They're women. According to researchers at Stanford University, 95 percent of the world's oldest people are female.

Yahoo Health, June 8, 2015

More Men Able To Remember The First Car They Bought Than The Last Time They Visited The Doctor

...a significant chunk of the health gap can be chalked up to a simple male stubbornness to visit the doctor. It's a stubbornness most recently highlighted by a survey of nearly 1,000 men commissioned by Orlando Health, a private, not-for-profit healthcare network in Orlando, Florida. It found nearly half of those polled couldn't remember the last time they had received a medical check-up, though more than two-thirds were able to remember the make and model of their first car.

Medical Daily, June 8, 2015

Men are 50 per cent more likely to get oesophageal cancer than 30 years ago

Oesophageal cancer rates in men have increased by 50 per cent since the early 1980s, with new cases reaching almost 6,000, according to new statistics from Cancer Research UK. The latest figures show the number of men diagnosed with oesophageal cancer has rapidly risen from around 2,700 cases three decades ago to 5,740 cases in 2012. Given the changes in population size this equates to a 50 per cent increase from 15 to 23 cases per 100,000 people.

Cancer Research UK, June 6, 2015

High Suicide Rates Found Among Emergency Workers; Figures Reveal Almost All Of Them Are Men

According to a new survey, one police officer, paramedic personnel or firefighter is losing interest in life and resorting to suicide. Experts believe many frontline emergency workers are reportedly deprived of adequate medical attention. The figures are revealed through the Intentional Self-Harm Fact Sheet, which was prepared keeping the coronial cases around Australia in mind.

International Business Times, June 4, 2015

Western Diet Increases Mortality in PCa Patients

Men with non-metastatic prostate cancer whose diet is high in red meats, high-fat dairy, and refined grains are significantly more likely to die early than patients who follow a "prudent" diet of vegetables, fruits, fish, legumes, and whole grains, according to a new study published in Cancer Prevention Research.

Renal and Urology News, June 2, 2015

Depression strongly associated with risky sex in UK gay men

HIV-negative gay men who have several symptoms of depression are more likely to report sex without a condom, according to a study presented to the British Association for Sexual Health and HIV (BASHH) conference in Glasgow yesterday.

AIDS map, June 2, 2015

[New suicide prevention website targets middle-aged men](#)

The new website, called [MassMen.org](#), has three buttons: a mental health screening, a directory of local suicide prevention organizations, and [ManTherapy](#), a tongue-in-cheek take on virtual counseling. Launched in March, the site is part of a statewide initiative to curb the increasing number of suicides by middle-aged men in Massachusetts in recent years.

Boston Globe, May 29, 2015

[Men are more prone to obesity than women](#)

Obesity may be tougher on male immune systems than females, suggests a study led by an Indian-American researcher. Kanakadurga Singer, assistant professor in pediatrics at the University of Michigan, found that high-fat diets reprogram blood stem cells in male mice, promoting metabolic disease.

The Health Site, May 27, 2015

[Link Found Between Breast-Cancer Genes, Prostate Cancer Study finds BRCA1 or BRCA2 mutations in prostate-cancer patients](#)

Mutations in two genes well known for increasing the risk of breast and ovarian cancer may also play an important role in advanced prostate cancer, researchers said, an unexpected discovery that could lead to new treatments for some men with the disease.

Wall Street Journal, May 21, 2015

[Coffee May Improve Erectile Dysfunction In Men Who Are Overweight, Obese, Or Hypertensive](#)

"With over 85 percent of Americans drinking coffee each day, the new study investigated the relationship between ED and caffeine consumption among men who are overweight, obese, hypertensive, or diabetic. They found that all but those who were diabetic reduced their risk of ED by drinking two to three cups of coffee a day, the equivalent of about 170 to 375 milligrams of caffeine. "Diabetes is one of the strongest risk factors for ED, so this was not surprising,"

said Dr. David Lopez, lead author of the study and an assistant professor at the University of Texas Health and Science Center's School of Public Health.

Medical Daily, May 20, 2015

['Let's create a society where it's acceptable for men to express how they feel'](#)

A campaign to get men talking about their anxieties and sharing their concerns via 'worry boards' is spreading around the world

The Telegraph, May 19, 2015

[Understanding Male Suicide: How Social and Biological Factors Created a Deadly Gender Gap](#)

Each year suicide claims [around 800,000 lives](#). This cause of death knows no geographic boundaries and makes no distinction between race, age, or social class. There is, however, one salient similarity among global suicide trends that researchers can't help but notice: Men commit suicide more than women. The reason why is unclear, although there seem

to be several social and possibly even biological factors at play.

Medical Daily, May 18, 2015

[Best Evidence Yet!: Ejaculation Reduces Prostate Cancer Risk](#)

(may require login)

The frothy advice is not new but is now backed up by the "strongest evidence to date" on the subject, according to lead author Jennifer Rider, ScD, MPH, an epidemiologist at the Harvard T.H. Chan School of Public Health in Boston.

Medscape, May 17, 2015

[AUSTRALIA: Gardasil vaccine fears baseless, says audit](#) (article may require login)

[The report, published on the Therapeutic Goods Administration's website](#), says: "No safety concern in females or males was identified. The types and reporting rates of (adverse events) for males and females were consistent with information on these adverse events in the Gardasil Product Information and reported in clinical trials.

"Overall, the results from the first year of enhanced surveillance of acute adverse events following HPV vaccination in schools affirm the positive benefit-risk profile of HPV vaccination."

The Australian, June 8, 2015

[CDC Releases Sexually Transmitted Diseases Treatment Guidelines, 2015](#)

Centers for Disease Control and Prevention, June 5, 2015

[HIV risk among young gay, bi men tied to societal issues](#)

For young gay and bisexual men, the risk of HIV infection is linked with societal issues, a new study says.

"What we're starting to say here, if you're black and Hispanic you're more likely to become HIV positive, but really this is driven by you're low income, you live in a poor

neighborhood or you live in a neighborhood with higher HIV prevalence," said lead author Perry Halkitis of New York University.

Reuters Health, June 5, 2013

[**AAP updates HPV vaccine recommendations after licensure of HPV9**](#)

All 11- and 12-year-old children should receive HPV vaccine as part of the adolescent immunization platform.

AAP News, 2015

[**Anti-Vaccine Parents Cluster in Rich, White Areas**](#)

California research also shows high rates of medical exemptions in the same schools

Parents who cite "personal beliefs" to get their children exempted from routine vaccinations are typically white and well-to-do -- at least in California, a new study finds. The results, published June 1 in *Pediatrics*, confirm what other studies have suggested: Anti-vaccine sentiment in the United States appears strongest among wealthier white families.

HealthDay, June 3, 2015

[**Training Doctors To Talk About Vaccines Fails To Sway Parents**](#)

As more and more parents choose to skip vaccinations for their children, public health professionals and researchers have been looking at new ways to ease the concerns of parents who are hesitant. But that turns out to be tough to do. Studies have found that simply educating parents about the safety and efficacy of vaccines doesn't increase the likelihood that they will get children vaccinated. Since numerous studies show that doctors are the most trusted communicators of information about vaccines, the Group Health Research Institute in Seattle wanted to see if it would help to train doctors and other providers on how they communicate with mothers hesitant about vaccines.

NPR, June 1, 2015

[**Study links exposure to common pesticide with ADHD in boys**](#)

A new study links a commonly used household pesticide with attention deficit hyperactivity disorder (ADHD) in children and young teens. The study found an association between pyrethroid pesticide exposure and ADHD, particularly in terms of hyperactivity and impulsivity, rather than inattentiveness. The association was stronger in boys than in girls.

Medical Express, June 1, 2015

The case for starting sex education in kindergarten

By law, all primary school students in the Netherlands must receive some form of sexuality education. The system allows for flexibility in how it's taught. But it must address certain core principles - among them, sexual diversity and sexual assertiveness. That means encouraging respect for all sexual preferences and helping students develop skills to protect against sexual coercion, intimidation and abuse. The underlying principle is straightforward: Sexual development is a normal process that all young people experience, and they have the right to frank, trustworthy information on the subject.

NPR, May 27, 2015

Obese teenage boys could have higher risk of bowel cancer, study says

Researchers find men who were overweight or obese when they were 16-20 are more likely to develop disease in their 50s.

The Guardian, May 25, 2015

Suicide Rates Doubled Among African-American Children Ages 5 To 11 Since 1993

Researchers have found that rates of suicide among African-American children, specifically boys, have doubled since 1993, surpassing for the first time the rates among white children which dropped over the same period. The study published in the journal JAMA Pediatrics Tuesday, was based on data obtained from the Centers for Disease Control and Prevention which gives a breakdown of causes of death in 657 cases of suicide among children ages five to 11 between 1993 and 2012, 84 percent of whom were boys.

inquisitr.com, May 23, 2015

E-Reminders May Boost HPV Vaccination Rates

Study found young female patients were more likely to get all three shots of cervical cancer vaccine

Using electronic health records to issue reminders about human papillomavirus (HPV) vaccination for young females significantly increased the number of patients who got the vaccine, which protects against cervical cancer.

Consumer Health Day, May 19 2015

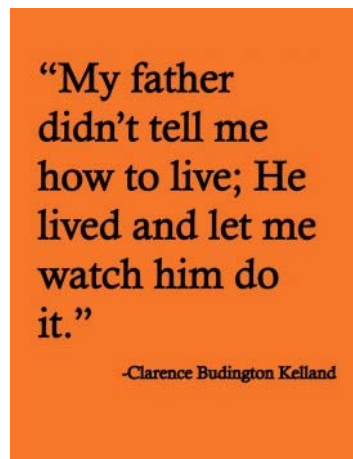
Poor Sexual Health Knowledge Common in Young Minority Men

Lack of knowledge related to sexual and reproductive health issues and high-risk sexual behaviors are common among young minority males, according to findings presented at the 2015 American Urological Association annual meeting.

Renal and Urology News, May 17, 2015

Partnership Launches Male Realtalk Campaign

In Celebration of Men's Health Week this year, the Partnership is participating in [Blue Monday](#), June 15, to urge fathers, uncles and important men in young men's lives to talk to them about the importance of their health and steps they can take to insure a healthy future.



In addition to participating in Blue Monday, our "Time for Male Realtalk" campaign will provide information and resources for fathers and other male role models to help them start a conversation about health with the young males in their lives. A real conversation about health is open minded and goes far beyond a chat about sex and sexuality. It's about exploring the importance of healthy relationships, responsible substance use, the warning signs of depression and other mental health issues, healthy eating and exercise. It's also about discussing normal physical changes and healthy masculinity. Our campaign will help men start that conversation with the important young males in their lives.

[Lack of Sexual Health Knowledge Among Young Males: National survey evaluates high-risk sexual behaviors in young males](#)

Young males, regardless of ethnicity, lack sexual and genital health knowledge and engage in high-risk sexual behaviors, according to a new survey presented during the 110th Annual Scientific Meeting of the American Urological Association (AUA).

PR Newswire, May 16 2015

[Mental Health Awareness Week: Male Celebs Open Up In Powerful Video To Show Emotions Don't Emascuate](#)

Suicide is the cause of death for a quarter of males aged 20-34. This shocking statistic, combined with the tragic death of Lil Chris in March, has once again brought the subject of men's mental health to the forefront of conversation. SET has created a video starring celebrities Stephen Fry, Clarke Carlisle, Professor Green, YouTube star Charlie McDonnell, TV presenter Ortis Deley, Deaf Havana front man James Veck-Gilodi, and comedian Ian Royce, who reveal their daily battles with mental health.

Huffington Post, May 15, 2015

[Teenage Boys Are More Susceptible to the Lure of Fast Food Than Girls](#)

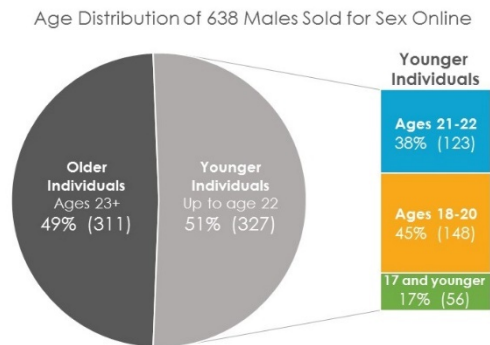
A new survey, however, finds that fast food and junk food marketing is more likely to hit you just right if you're a "dude"-namely, a teenage boy-than if you're a young lady. The most recent findings of the Australian national survey of the dietary and behavioral habits of its high schoolers says so, anyway.

Munchies Vice, May 14 2015

[Atlanta Summit Addresses Sex Trafficking Of Adolescent Boys](#)

At the Carter Center in Atlanta this week, the first World Summit to End Human Trafficking took place. Coinciding with the event, Atlanta-based organization youthSpark is releasing a new study about the sex trade involving young males.

It's the first ever regarding adolescent boys.



This graphic charts the age distribution of males sold for sex online.

Credit: youthspark.org

The study is called "[Adolescent Males in Metro Atlanta's Sex Trade and Their Buyers.](#)"

WABE, May 12 2015

School bullying survivor James Fry aims to help other bullying victims with new book *That Fry Boy*

Now 32 and married with two children, he has recently released his debut memoir, *That FryBoy*, which he hopes will encourage other bullying victims to speak up. "I think one of the messages for young people being bullied or anyone who is being bullied is there's help available," he said. "It might not be from the first person you ask but don't give up, the help will be there."

Daily Telegraph, May 11 2015

Why LGBT Adolescents Are Still More Likely To Face Bullying, Including Social Exclusion And Physical Harm

Lesbian, gay and bisexual (LGB) adolescents are more likely to be bullied and victimized throughout elementary and high school than heterosexual students, according to new research. "Bullying in general - as has been reported by others - decreases as kids go through school, but the disparity does not," said Dr. Mark Schuster, the lead author of a research letter published in *The New England Journal of Medicine*.

Huffington Post, May 7 2015

Scientists identify key factors in parents' decision-making about HPV vaccination of daughters

Parents who had their daughters vaccinated (88%) differed from those who did not do so in perceived susceptibility to the disease, benefits and barriers of the vaccine, and cues to action. "Parents who accepted were more trusting of the public health program, more likely to have their physician's recommendation, and wanted to protect their daughters' health. Parents who declined were more likely to be concerned about side effects and safety of the vaccine," says senior author Zeev Rosberger, Director of the Louise Granofsky-Psychosocial Oncology Program and Senior Investigator at the Lady Davis Institute of the Jewish General Hospital. While most studies on HPV vaccine decision-making focus on parents' intentions, this was a post-recommendation, population-based survey of actual uptake, which revealed additional information. "Parents who had refused reported fear of side effects and low risk of infection to their young daughters. Parents who accepted as well as refused both reported having unanswered questions, doubts and inaccurate information."

Medical Net, May 10, 2015

"He never spoke of suicide": Brother says boys need to talk about mental health

It is now thought that our understanding of depression is weighted toward women, with men often showing different symptoms: externalising their feelings in numbing behaviours such as alcohol and drug misuse, avoidance,

irritability and emotional withdrawal. Men are less likely to seek professional help, and may not be diagnosed correctly when they do.

News.com, May 8, 2015

[More than one third of transgender youth have attempted suicide in last year: study](#)

Survey of trans teens and young adults find many struggle with mental health issues, feel they can't have open discussions with family doctors.

Nearly two-thirds of transgender youth in Canada say they've harmed themselves in the last year, and more than one in three have attempted suicide, according to a new national study.

Our Windsor, May 7, 2015

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Huffington Post, May 6, 2015

[The problem with boys: How one psychologist says we're failing young men](#)

To mark mental health week in Ottawa, the Canadian Mental Health Association invited clinical psychologist Jacques Legault to give a lecture on men's mental health. In a wide-ranging interview, Legault spoke to the Citizen about the problems he sees with the way young boys are raised and how childhood problems can carry over into adulthood.

Ottawa Citizen, May 6, 2015

[College Sophomores Are Abandoning Condoms](#)

A startling new study from Jonathan Bearak, a senior research scientist at the Guttmacher Institute and a Ph.D. at NYU, found that students who have casual sex in college are less likely to use condoms after their sophomore year.

Attn.: May 4, 2015

[Genetic effects on irritability increase with age among males, not females](#)

The genetic effects on irritability increase as adolescent males age, but they decrease with age among adolescent females, according to study findings in the American Journal of Psychiatry.

Healio, May 4, 2015

Vaccines: Facts vs. myths

More parents have been skipping or delaying vaccinations for their children, a trend that has contributed to recent outbreaks of nearly forgotten diseases such as measles, mumps and whooping cough. Much of the anxiety about vaccines is based on myths or misinformation, infectious disease specialists say. Leading experts talked to USA TODAY's Liz Szabo to address some of the reasons parents hesitate to vaccinate their kids.

USA Today, April 21, 2015

Preventive intervention improves knowledge, attitudes about sexual risk among adolescent boys more than among girls

Boys aged between 12-14 years old showed improved knowledge and attitudes about sexual risk after a preventive intervention, compared to girls of the same age, according to a study presented yesterday at the Pediatric Academic Societies Annual Meeting. However, the positive effects waned after twelve months.

Medical Net, April 28, 2015

Man Boobs: Gynecomastia in Teens and Young Men -- An Embarrassing Condition

It affects 30 percent - 60 percent of all males reaching puberty, and subsides by age 18 in 80 percent of the cases. Medically, usually a benign temporary condition, psychologically, a whole different story! Teenagers and young men with gynecomastia often endure significant teasing and embarrassment. Due to the emasculating nature of this condition, many of those afflicted find it difficult to discuss. Unrelenting criticism and taunting by peers may cause development of serious body-image issues such as avoidance of exposing the body (especially at the beach or locker room), withdrawal from peers and depression. A complete understanding of the condition will assist in dealing with the issue.

Huffington Post, April 28, 2015

New Zealand: Another call for free anal cancer vaccine

A leading health researcher has joined the call for free HPV immunisation for boys which would lessen the likelihood of them developing cancers of the mouth, throat, penis and anus in men, with a particularly high incidence in men who have sex with men.

Gay NZ, April 27, 2015

Gender nonconforming children: Coming to terms with sexual identity

If the boys in that room come alive when they wear dresses, that's not a product of socialisation. It's something essential that burns inside, even when all of society steers them toward the truck aisle. There's this constellation of stuff that we think of as feminine, and that we associate with girls - such as Disney princesses and ballerinas and ballgowns. But certain boys are drawn to this stuff just as fiercely.

The Independent, April 27, 2015

Supportive family ties decrease risk for violence among adolescent males

Alison Culyba, MD, MPH, of the Children's Hospital of Philadelphia, and colleagues interviewed 283 males aged 10 to 24 years about their relationships with adults and peers, involvement with violence, academic performance and substance use. "These findings were consistent with other research that shows supportive adult connections are protective in so many ways, including improving school performance, decreasing substance use, delaying first sexual encounter and contributing to mental health," Culyba said in a press release. "This is an exciting study because it clearly places violence on this list. Next steps include thinking about how society can best prepare adults for this critical role so we can work together to safeguard youth.

Helio, April 27, 2015

HPV vaccine may offer protection in those who already have the virus: study

Researchers from the National Cancer Institute said that the human papillomavirus vaccine protected young women without HPV against cervical, anal and oral infections. But the vaccine also helped prevent future infections in some women already diagnosed.

Daily News, April 22, 2015

When Vaccinations And Faith Collide

An article titled "What the World's religions teach, applied to vaccines and immune globulins," written for the journal *Vaccine* in 2012 by John Grabenstein, a researcher at the vaccine-producing company Merck Vaccines, the Jewish value of pikuach nefesh means that believers must place the safeguarding of their own health as well as community-wide disease prevention above their individual desires.

The Jewish Week, April 22, 2015

By 2020, The Most Common HPV-Related Cancer Will Affect Men

While currently recommended for both boys and girls, the HPV vaccine was initially marketed -- and is still thought of -- as a way to protect young women and girls from cervical, vaginal and vulvar cancer. Boys, it's been commonly thought, should be vaccinated primarily to benefit herd immunity and any future female partners. But a new analysis from researchers at the Princess Margaret Cancer Center in Toronto, Canada, points out that boys who get the vaccine receive important protection as well, not only against genital warts, but against HPV strains that cause oropharyngeal (mouth and throat) cancer.

Huffington Post, April 20, 2015

[1 in 3 Teen Boys Sexually Assaulted Tries Suicide, Study Finds](#)

Teen boys who have been a victim of sexual assault are likelier to attempt suicide, a new study says.

University at Buffalo researchers analyzed data from more than 31,000 American teens, aged 14 to 18, who took part in surveys in 2009 and 2011. Among healthy-weight boys, 3.5 percent of those with no history of sexual assault attempted suicide within the past year, compared with more than 33 percent of those who had been sexually assaulted, the investigators found.

Health Day, April 17, 2015

[Large Study of Thyroid Cancer Patients Uncovers Wide Disparities in Survival among Adolescent and Young Adult African Americans and Hispanics, CPIC Researchers Say](#)

Barriers to quality treatment and follow-up care may contribute to poorer outcomes for young thyroid cancer patients of low socioeconomic status
Over the past forty years, thyroid cancer has ranked consistently among the top three cancers affecting adolescents and young adults. Prognosis is generally excellent, but some young thyroid cancer patients are at higher risk of mortality due to place of residence, racial/ethnic background, insurance status, and factors such as age and gender, according to researchers at the Cancer Prevention Institute of California (CPIC).

PR Web, April 15, 2015

[Boys should be targeted in body image programs too](#)

Research presented to the APS College of Health Psychologists Conference over the weekend showed pre-adolescent boys and girls have differing body image issues, meaning body image programs should be gender specific.

Stuff, New Zealand, April 15, 2015

[Should Boys be Vaccinated Against HPV?](#)

A study suggests between \$8 million and \$28 million might have been saved by vaccinating 12-year-old boys

A new study suggests giving boys the HPV vaccine could cut health-care costs over the long run. The researchers used mathematical modelling to estimate the effect of giving HPV vaccine to 12-year-old boys to prevent cancers of the mouth and throat. The work suggests if all the 12-year-old boys in Canada had been vaccinated in 2012, between \$8 million and \$28 million might have been saved because of oropharyngeal cancers averted in that group.

The Canadian Press, April 13, 2015

[IRELAND: Mary McAleese: Young gay men are "most at risk" of suicide](#)

Former president Mary McAleese has said there is "a great debt" owed to young gay people who have "been forced into the shadows" and "into self-doubt" by society's attitudes towards homosexuality - with young gay men "most at risk" of suicide.

Newstalk, April 13, 2015

[Solicitation of Written Comments on the Human Papillomavirus Working Group's Draft Report and Draft Recommendations for Improving Vaccination Rates in Adolescents for Consideration by the National Vaccine Advisory Committee](#)

Federal Register, April 6, 2015

[Moffitt To Screen HPV Documentary](#)

Kristen Forbes died in 2008, just a year after she was diagnosed with cervical cancer caused by a virus. Her story is one of five being shared by filmmakers Tuesday during a screening of "Someone you Love: The HPV Epidemic" at the [Moffitt Cancer Center](#).

Health WUSF, April 13,, 2015

[Giving HPV Vaccine To Boys Can Fight Throat Cancer And Save Health Care Systems Money, Study Says](#)

The team found the Canadian health care system saves \$6 million to \$22 million (\$8 million to \$28 million in Canadian dollars) for every 192,000 boys who are inoculated. The HPV vaccine is currently only covered for girls in Canadian health plans, the Toronto Star reported. [Their study](#) was published Monday in Cancer, the journal of the American Cancer Society. Those cost savings are likely even greater in the U.S. where the average patient with throat cancer with private insurance will run up \$79,151 in treatment costs in

the first year after diagnosis. A comparable course of treatment in the Canadian health care system costs about \$20,000.

International Business Times, April 13, 2015

[Nova Scotia to include boys in HPV vaccination schedule](#)

Boys in Nova Scotia will begin receiving free vaccinations against the human papillomavirus next fall, a move that makes the Maritime province only the third in Canada to extend public funding of the cancer-thwarting shot to all children, regardless of gender.

The Globe and Mail, April 10, 2015

[HPV vaccinations encouraged for men who have sex with men](#)

About 60 percent of queer men and other men who have sex with men (MSM) have been infected by HPV. (In other words, that's about six out of every 10 guys that you could choose as a sex partner.) More than 80 percent of those who are HIV-positive have also been infected by HPV. In an attempt to reach a vulnerable population, the Vancouver-based Health Initiative for Men has launched a campaign called [#GetGarded](#) to raise awareness about the high rates of HPV infection and anal cancer and to encourage men to get immunized.

Straight.com, April 10, 2015

[Exercise During Pregnancy Is More Beneficial For Baby Boys](#)

Findings revealed that both male and female offspring in the exercise groups were healthier and that the males seemed to receive significantly more benefits than the females.

Science World, April 9, 2015

[Have Your Say: How can we raise confident and compassionate boys?](#)

There is a welcome movement afoot to counter the darker side of masculinity that crams boys and men into an aggressive, proud, emotionally empty box. It's not easy to break down the deep-seated social law requiring boys and men to maintain a tough-guy façade regardless of what's going on inside. Progress is happening with groups like the [ManKind Community](#), the [Good Men Project](#) and [Men's Sheds](#); and the recently released documentary [The Mask You Live In](#) that targets the way we fail our boys through unhealthy expectations of manliness. Yet the daily headlines are disturbingly packed with not-so-isolated stories of hazing, rape culture, misogynist online activity and violent acts perpetrated by young men.

The Globe and Mail, April 2, 2015

[Gays are Given the Cold Shoulders with Devastating Effects by Teenage Boys, according to Study](#)

A study commissioned by beyondblue (an Australian independent non-profit organization working to address issues associated with depression, anxiety disorders and related mental disorders) showed high incidence of homophobia among male teenagers and that in effect are harming the mental health of young gay people and putting them at risk of suicide.

Empire State Tribune, April 4, 2015

[Op-ed: Double standard minimizes the sexual abuse of males](#)

According to the 2010 CDC's National Intimate Partner and Sexual Violence Survey, there are estimated to be more than 25 million male victims of sexual violence of all forms in the United States. Millions of those men never come forward to disclose the abuse they experienced. One of the major contributing factors to the silence around male victimization is the repeated use in our culture of language that minimizes and dismisses boys and men who are raped and sexually assaulted.

Salt Lake Tribune, April 4, 2015

[Violent Video Games Don't Influence Kids' Behavior: Study](#)

It's the amount of time spent gaming that has a greater impact, researchers contend

A small study offers a mixed view on whether video games may make kids more aggressive. Those children who spend more time playing games might be slightly likelier to be hyperactive and to get into fights. But violent video games seem to have no effect on behavior, according to British researchers.

Medline Plus, April 3, 2015

[New York Boy Scouts Hire Gay Eagle Scout Despite National Policy](#)

The Boy Scouts' New York chapter said Thursday that it has hired the nation's first openly gay Eagle Scout as a summer camp leader, a direct and public challenge to the national scouting organization's ban on openly gay adult members.

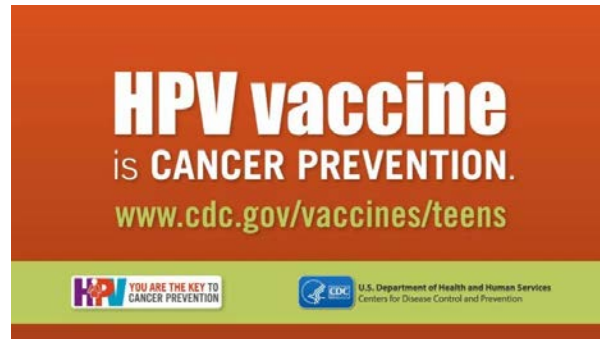
NBC New York, April 2, 2015

[One in three teenage boys experiencing sexual assault tries to take his own life, study finds](#)

A psychologist studying the symbiotic role that sexual assault and obesity play in attempted suicide among teens has found that while there is no connection between the two, one of three male teens who experienced sexual assault had attempted suicide in the previous year.

Buffalo.edu, April 2, 2015

[CDC Launches HPV/Cancer Campaign](#)



[UAE experts insist mental health is also a male issue"](#)

Experts are calling for a greater focus on men's mental health, with disorders such as depression or anxiety often mistakenly believed to be female issues.

The National, April 2, 2015

[Merck announces availability of GARDASIL 9 HPV vaccine in Canada](#)

"The human papillomavirus (HPV) is the most common sexually transmitted infection in Canada and worldwide. It is estimated that 75% of sexually active Canadian men and women will have at least one anogenital HPV infection in their lifetime," explained Dr. Vivien Brown, Family Doctor and Board Member of Immunize Canada.

"Vaccination remains the best method to prevent HPV infection and to protect yourself from the risk of HPV-related diseases."

Medical.net, April 1, 2015

[Female prison officers commit 90pc of sex assaults on male teens in US juvenile detention centres](#)

A 2013 report by the US Department of Justice on the sexual victimization of youths in juvenile facilities revealed that 89.1% of young prisoners claiming victimization were males reporting sexual activity with female staff. Only 3% were males reporting sexual activity with both male and female staff, the report added.

Ibtimes.co.uk, April 1, 2015